



Lie #1

It doesn't matter how we live.

The good life is to embrace imperfection because that's all there is or can be.

Lie #2

We have to get everything right to be successful.

Lie #2

We have to get everything right to be successful.

The good life is to chase the ideal because anything less is failure & failure is unacceptable.



The Gospel Declares:

Intimacy with Him is the good life.

1 John 1:5-10

- [5] This is the message we have heard from him and proclaim to you, that God is light, and in him is no darkness at all.
- [6] If we say we have fellowship with him while we walk in darkness, we lie and do not practice the truth.
 [7] But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus his Son cleanses us from all sin.

1 John 1:5-10

[8] If we say we have no sin, we deceive ourselves, and the truth is not in us.

[9] If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.

[10] If we say we have not sinned, we make him a liar, and his word is not in us.

I. Obstacles to Intimacy

1 John 1:6, 8, 10

Obstacle #1: Hypocrisy

1 John 1:6

If we say we have fellowship with him while we walk in darkness, we lie and do not practice the truth.

A hypocrite wants to impress others with an external façade of religious piety that he knows is devoid of internal spiritual substance. ~ Sam Storms

And he said to them, "Well did Isaiah prophesy of you hypocrites, as it is written, "This people honors me with their lips, but their heart is far from me; (Mark 7:6)

Obstacle #2: Self-Deception

1 John 1:8

If we say we have no sin, we deceive ourselves, and the truth is not in us.

Do not be deceived: God is not mocked, for whatever one sows, that will he also reap. For the one who sows to his own flesh will from the flesh reap corruption, but the one who sows to the Spirit will from the Spirit reap eternal life. (Galatians 6:7-8)

Obstacle #3: Self-Righteousness

1 John 1:10

[10] If we say we have not sinned, we make him a liar, and his word is not in us.

For whoever keeps the whole law but fails in one point has become guilty of all of it. For he who said, "Do not commit adultery," also said, "Do not murder." If you do not commit adultery but do murder, you have become a transgressor of the law. (James 2:10-11)

But now the righteousness of God has been manifested apart from the law, although the Law and the Prophets bear witness to it the righteousness of God through faith in Jesus Christ for all who believe...

(Romans 3:21-22)

II. Motivation to be Honest

1 John 1:5, 7, 9

Motivation #1: God's Light

1 John 1:5

This is the message we have heard from him and proclaim to you, that God is light, and in him is no darkness at all.

"And you, Solomon my son, know the God of your father and serve him with a whole heart and with a willing mind, for the LORD searches all hearts and understands every plan and thought. If you seek him, he will be found by you, but if you forsake him, he will cast you off forever.

(1 Chronicles 28:9)

And no creature is hidden from his sight, but all are naked and exposed to the eyes of him to whom we must give account.

(Hebrews 4:13)



No one who practices deceit shall dwell in my house; no one who utters lies shall continue before my eyes.

(Psalm 101:7)

Motivation #2: Authentic Intimacy

1 John 1:7

But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus his Son cleanses us from all sin.

But now in Christ Jesus you who once were far off have been *brought near by the blood of Christ*.

(Ephesians 2:13)

Therefore, brothers, since we have confidence to enter the holy places by the blood of Jesus, by the new and living way that he opened for us through the curtain, that is, through his flesh, and since we have a great priest over the house of God, let us draw near with a true heart in full assurance of faith, with our hearts sprinkled clean from an evil conscience and our bodies washed with pure water. (Hebrews 10:19-22)

Walking in the light means seeing things the way God sees them and responding the way he does. We walk in the light when we hate the sin we fall into and name it for the ugly thing it is and agree with God about it and turn from it.

~ John Piper

Motivation #3: God's Reliable Response

1 John 1:9

If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.

If God did not forgive the Christian who confesses and turns away from sin, God would become unrighteous by holding in contempt Christ's atoning work, whose purpose was to uphold God's glory. ~ Daniel Fuller

The Gospel is good news of mercy to the undeserving. The symbol of the religion of Jesus is the cross, not the scales.

~ John Stott

Our Savior kneels down and gazes upon the darkest acts of our lives. But rather than recoil in horror, he reaches out in kindness and says, 'I can clean that if you want.' And from the basin of his grace, he scoops a palm full of mercy and washes our sin.

~ Max Lucado

Big Idea

We should not be afraid to uncover any of our sins to God knowing that He will always cover them with the blood of Jesus.

Electronic Media Fast: August 28 - September 3

Decide the Scope & Nature of Your Media Fast:

- (1) What media / devices you will fast from
- (2) When you will fast
- (3) Why you will fast

Examples & Ideas to Consider:

- Use phone as just a phone.
- No cell phone use after dinner Monday-Friday.
- No screens from 6-8pm on certain nights.
- Delete social media apps off your phone
- Set screen time limits on each device.