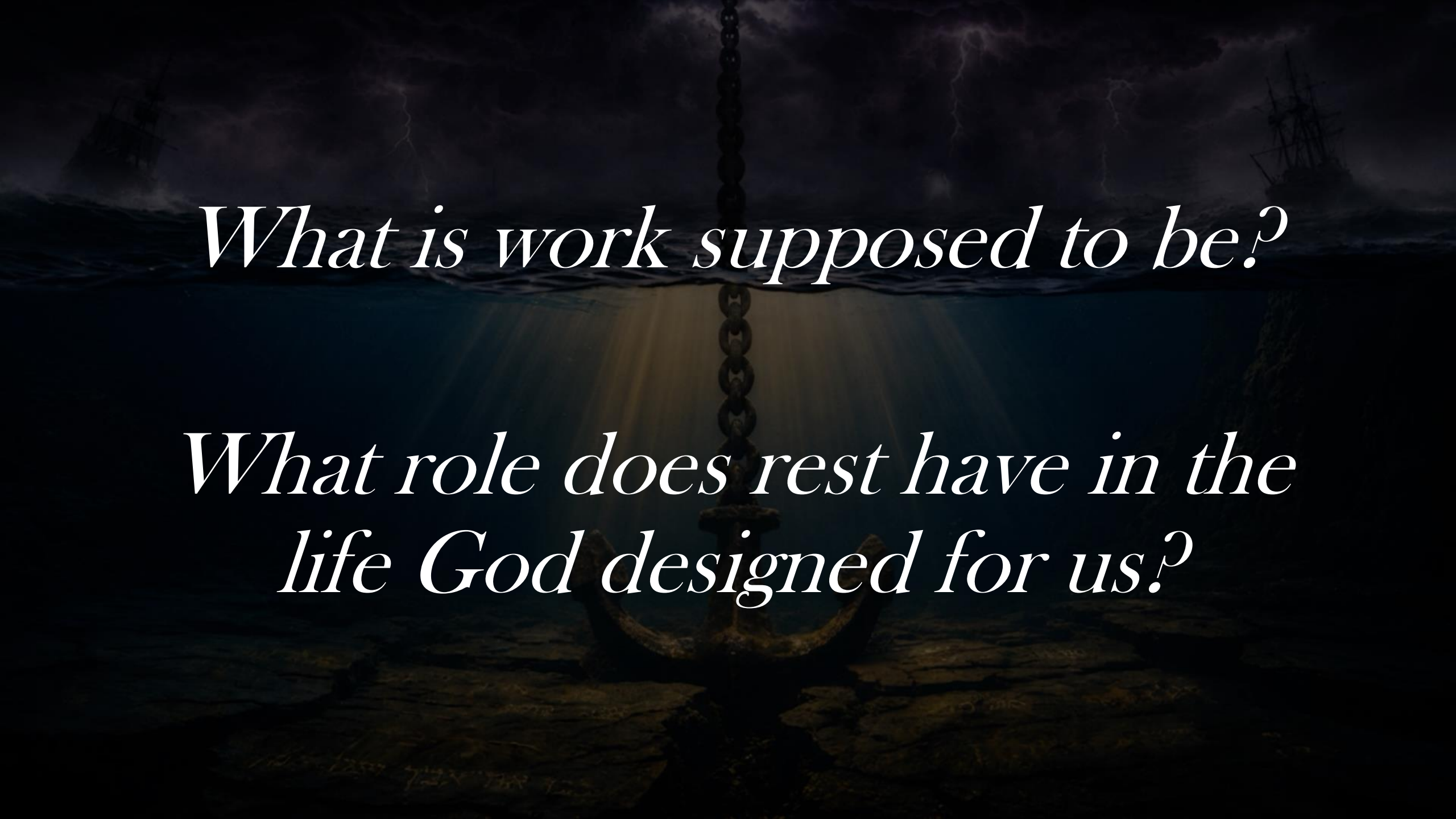
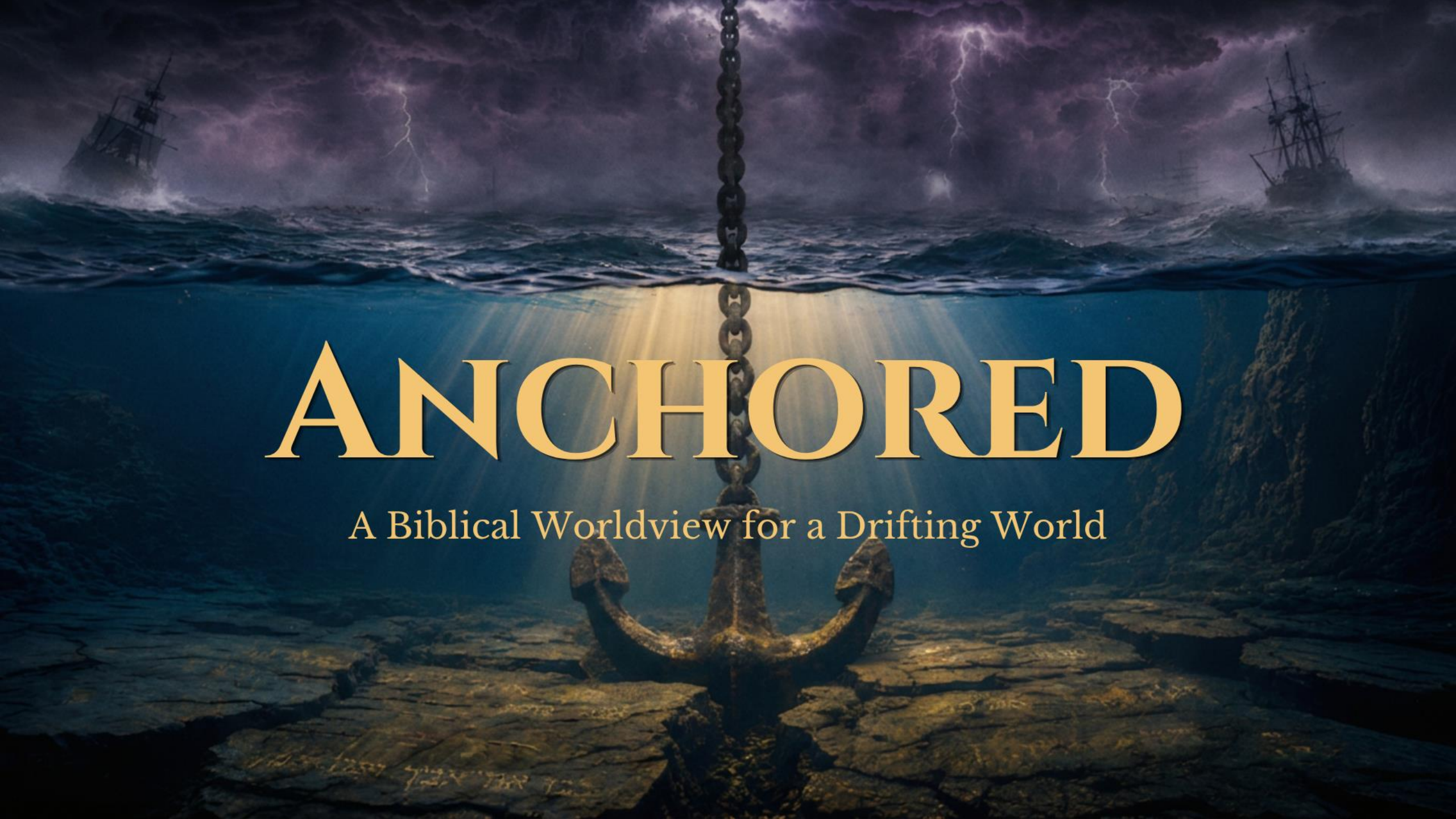






What is work supposed to be?

*What role does rest have in the
life God designed for us?*



ANCHORED

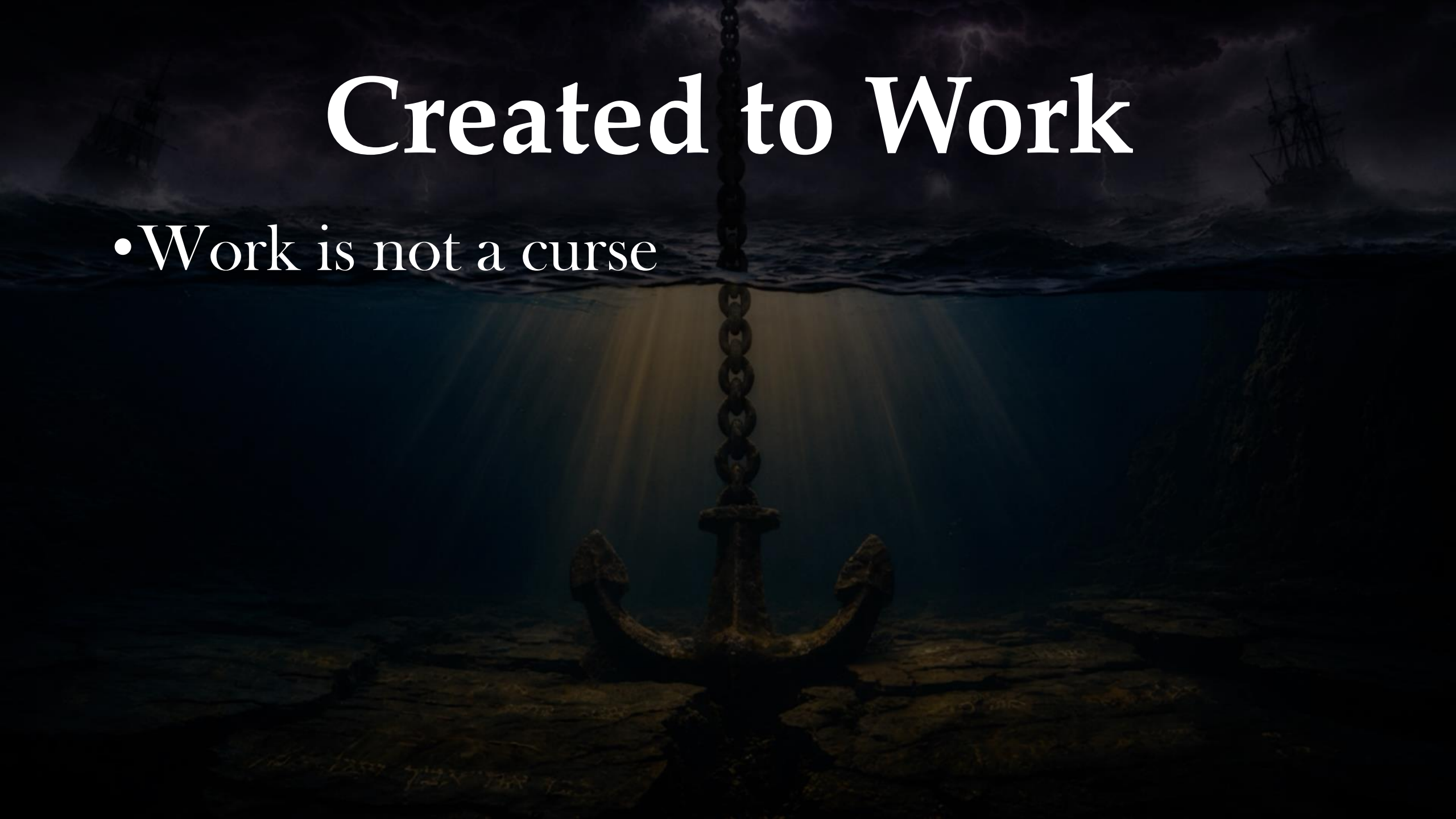
A Biblical Worldview for a Drifting World

Big Idea



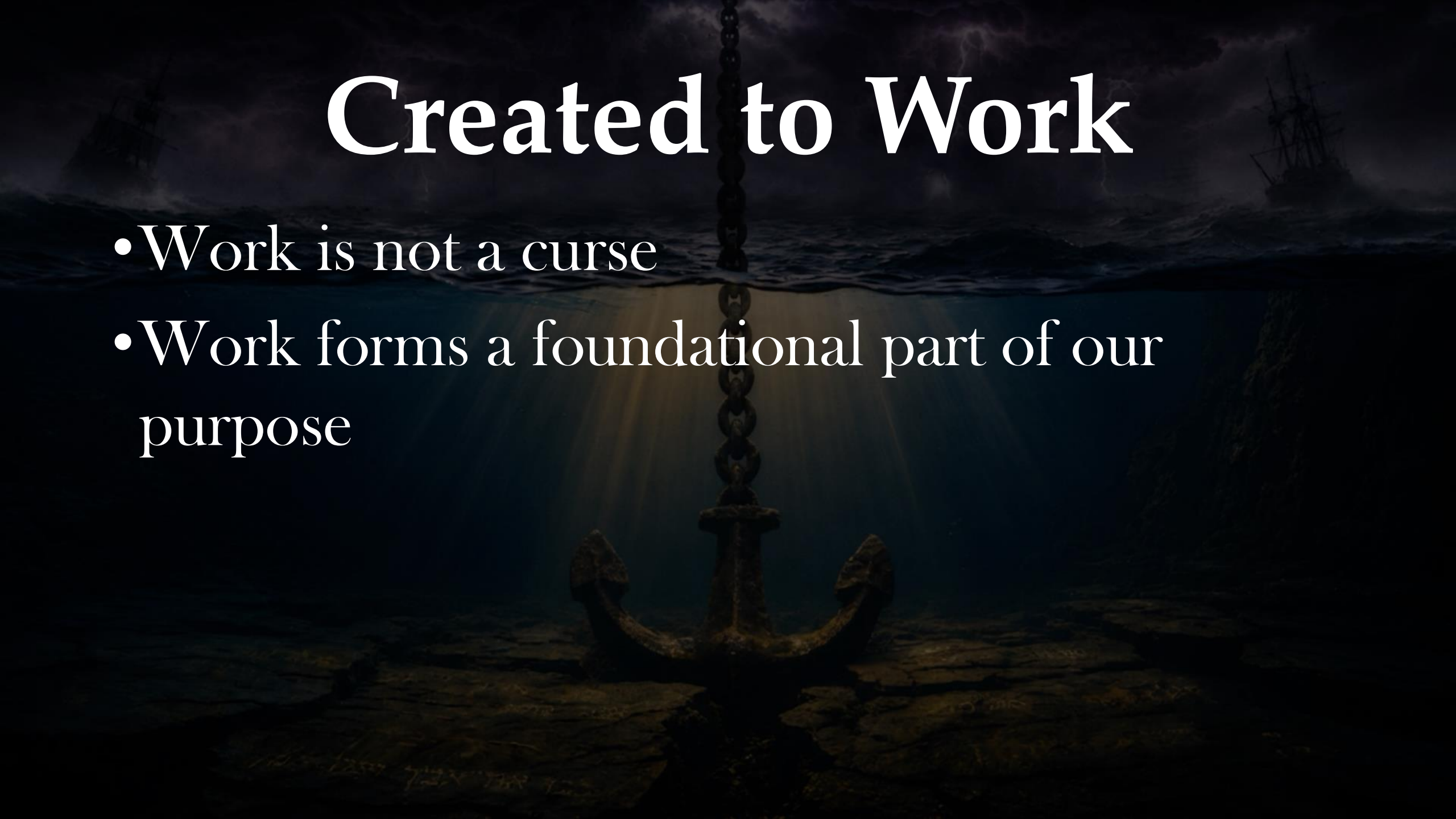
God designed us to work diligently
and rest securely under his rule.

Created to Work



- Work is not a curse

Created to Work



- Work is not a curse
- Work forms a foundational part of our purpose

Genesis 2:15

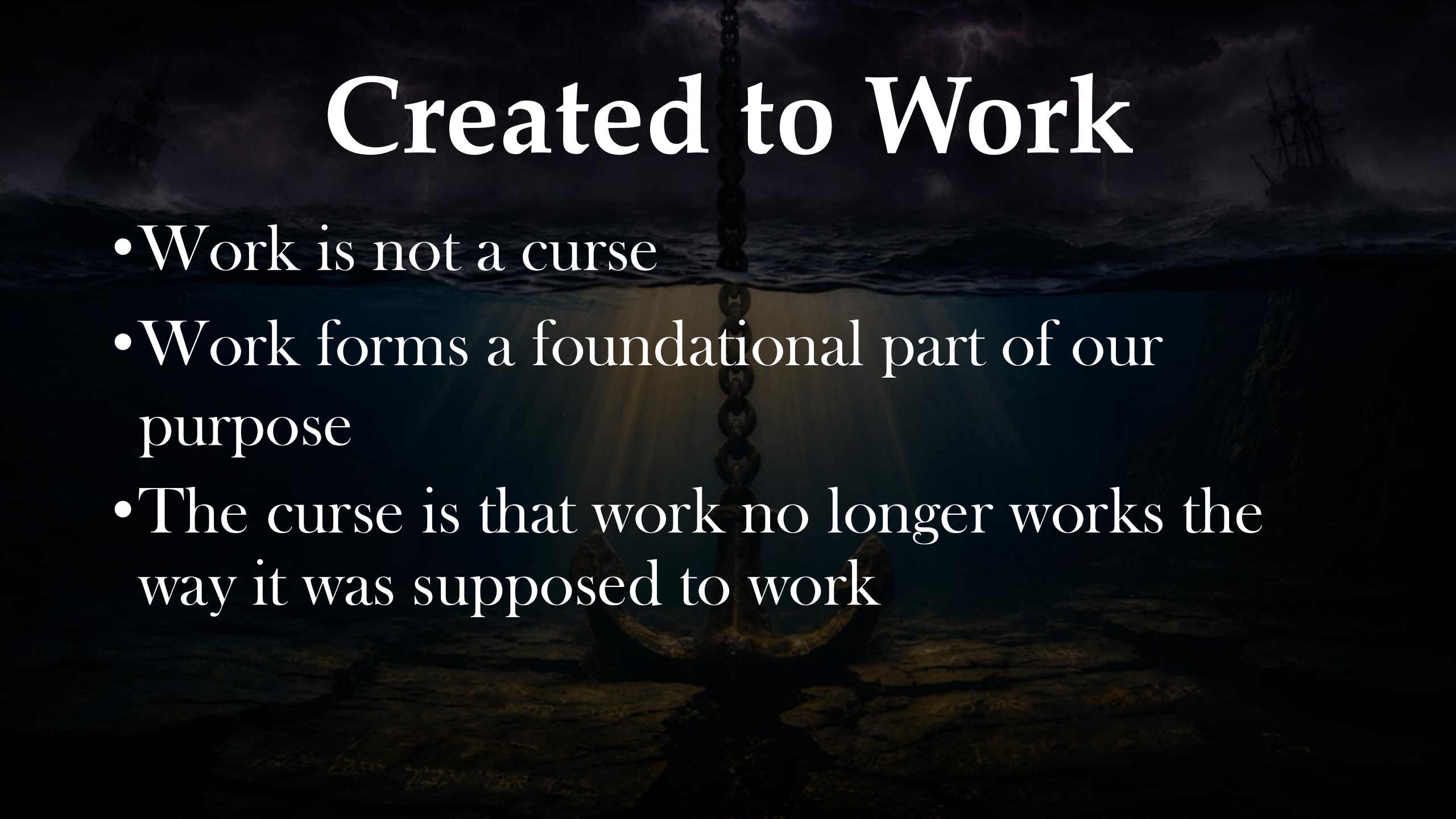
“The LORD God took the man and put him in the garden of Eden **to work it** and keep it.”



Genesis 3:17-19

[17] “Because you have listened to the voice of your wife and have eaten of the tree of which I commanded you, ‘You shall not eat of it,’ **cursed is the ground because of you**; in pain you shall eat of it all the days of your life; [18] **thorns and thistles it shall bring forth for you**; and you shall eat the plants of the field. [19] **By the sweat of your face you shall eat bread...**

Created to Work



- Work is not a curse
- Work forms a foundational part of our purpose
- The curse is that work no longer works the way it was supposed to work

Genesis 2:15

“The LORD God took the man and put him in the garden of Eden to work it **and keep it.**”

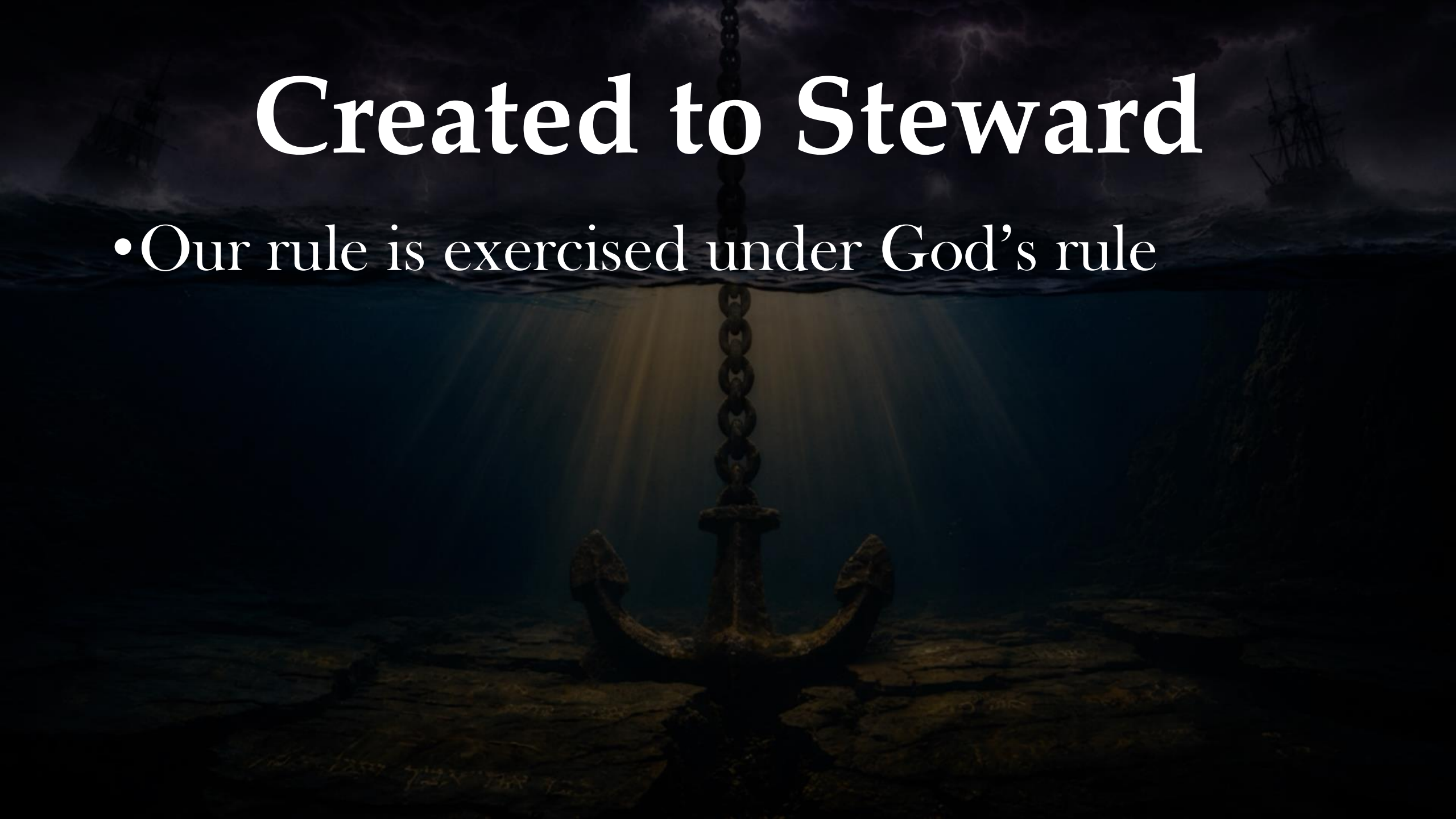


Genesis 2:16-17

[16] And the LORD God commanded the man, saying, “You may surely eat of every tree of the garden, [17] but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall surely die.”

Created to Steward

- Our rule is exercised under God's rule



Created to Steward

- Our rule is exercised under God's rule
- Everything we have ultimately belongs to God

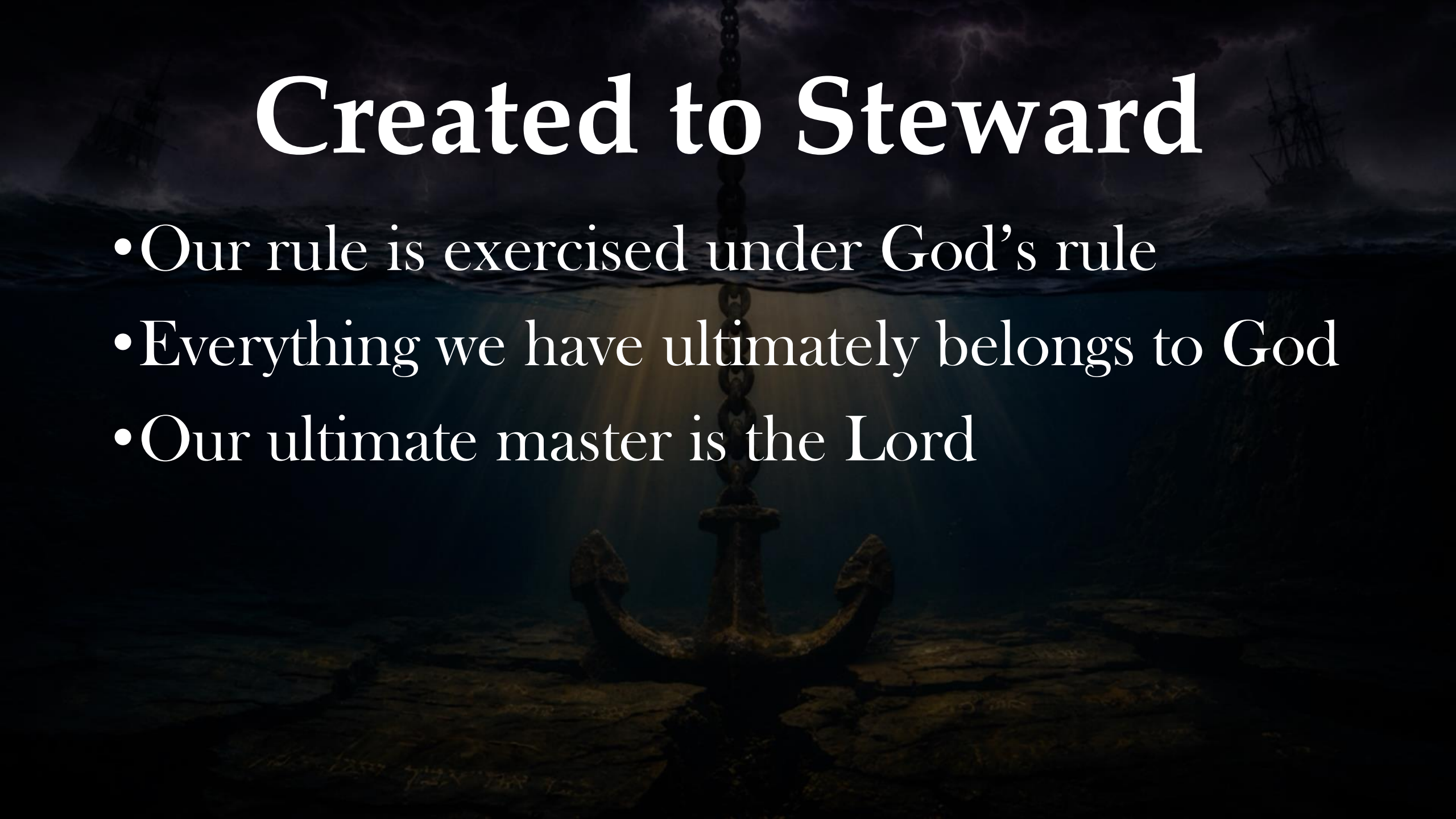


Ephesians 6:5-7

[5] ... obey your earthly masters with fear and trembling, **with a sincere heart, as you would Christ,** [6] not by the way of eye-service, as people-pleasers, but as bondservants of Christ, doing the will of God from the heart, [7] **rendering service with a good will as to the Lord and not to man**

Created to Steward

- Our rule is exercised under God's rule
- Everything we have ultimately belongs to God
- Our ultimate master is the Lord





Ephesians 6:9

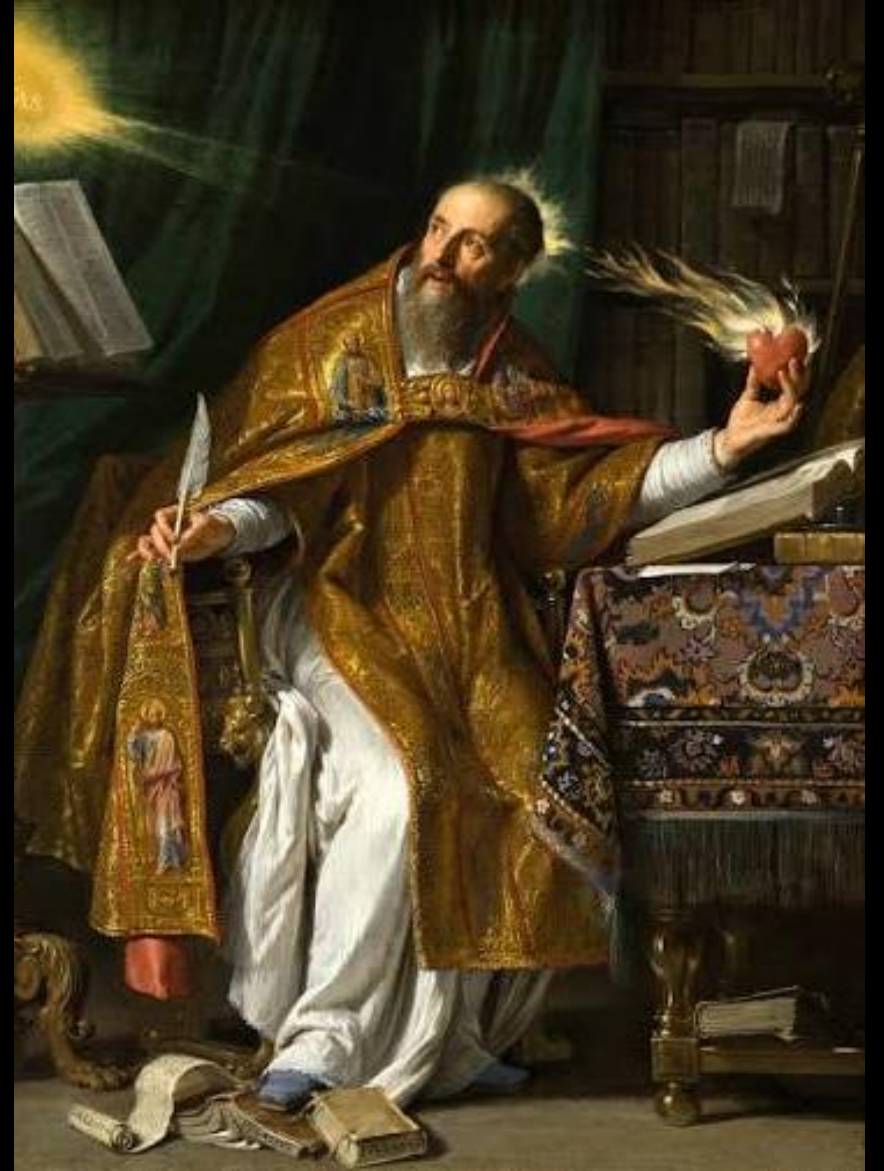
Masters, do the same to them, and stop your threatening, **knowing that he who is both their Master and yours is in heaven**, and that there is no partiality with him.

Genesis 2:2

[2] And on the seventh day God finished his work that he had done, and he rested on the seventh day from all his work that he had done. [3] So God blessed the seventh day and made it holy, because on it God rested from all his work that he had done in creation.

St. Augustine of Hippo

“You have created us for Yourself, and our heart cannot be stilled until it finds rest in You.”



Created to Rest

- We need rest: physical, mental, emotional, spiritual



Created to Rest



- We need rest: physical, mental, emotional, spiritual
- Rest requires faith

Created to Rest

- We need rest: physical, mental, emotional, spiritual
- Rest requires faith
- Rest means admitting I am not the one holding the universe together

Psalm 127:1-2

“Unless *the LORD* builds the house, those who build it labor in vain... It is in vain that you rise up early and go late to rest, eating the bread of anxious toil.”

Created to Rest

- We need rest: physical, mental, emotional, spiritual
- Rest requires faith
- Rest means admitting I am not the one holding the universe together
- Sin distorts our ability to rest

Our Response

- Some of us need more discipline in our work.
- Some of us may need more discipline in our rest.
- Most of us need a better balance of both

Our Response

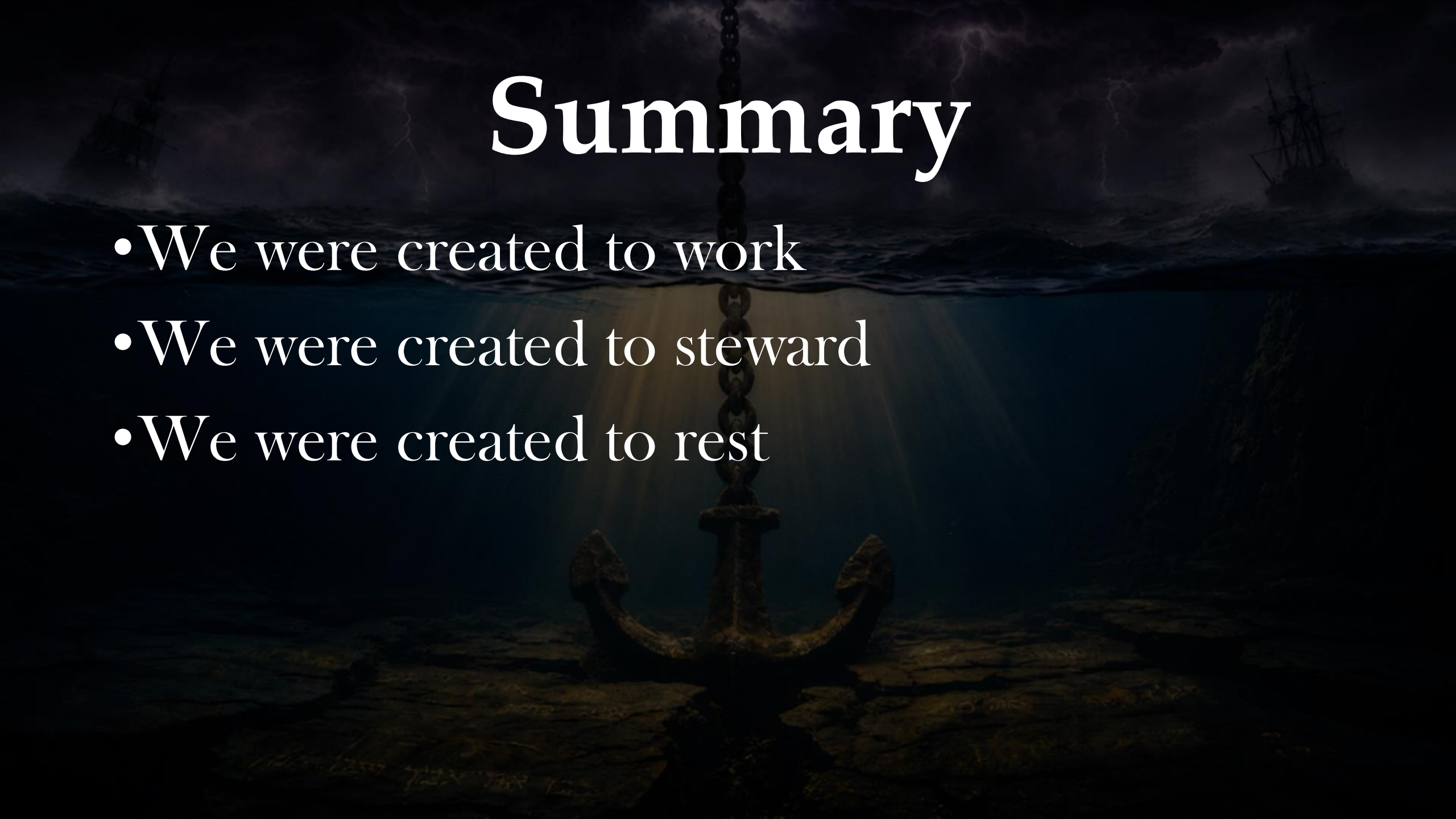
- Rest needs to be protected
- Rest needs to be pursued
- Rest needs to be practiced

[28] Come to me, all who labor and are heavy laden, and I will give you rest. [29] Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. [30] For my yoke is easy, and my burden is light.”

(Matthew 11:28–30 ESV)

Summary

- We were created to work
- We were created to steward
- We were created to rest



Big Idea



God designed us to work diligently
and rest securely under his rule.