



135 Guide

[a devotional stratagem]

This seven day immersion into scripture and prayer will fuel your emotional, mental and spiritual intimacy with God. It's inspired by Jesus' devotional life. In Mark 1:35, it says of Jesus, *"Now in the morning, having risen a long while before daylight, He went out and departed to a solitary place; and there He prayed."* Your best results will come as you consistently use this stratagem day by day, month by month, and year after year.

Blessings on you!
Pastor Tony

SUNDAY

[P A U S E] : [On this Sunday stop working to rest and recline in the goodness of God]

[P R O N O U N C E] : [Read these verses out loud to God. He loves to hear His Word]

Feast on "Jehovah" who is "The Self-Existent One Who Reveals Himself."

Jehovah-Rophe (The Lord Heals) -

"Lord, surely You Yourself have borne my griefs and carried my sorrows. You were pierced through for my transgressions, crushed for my iniquities, the chastening for my well-being was upon You and by Your scourging I am healed. You Yourself bore my sins in Your body on the cross, that I might die to sin and live to righteousness." *Is. 53:4, 5; I Pet. 2:24*

Jehovah-Tsidkenu (The Lord Our Righteousness) -

"Righteous You are, O Lord, Your righteousness is an everlasting righteousness, and Your law is truth. Your right hand is full of righteousness. Lord God, You are righteous with respect to all Your deeds which You have done. Your ways are right and the just shall walk in them. By Your doing, Jesus Christ became to me righteousness. Christ my Lord is the end of the law for righteousness to everyone who believes." *Ps. 119:137; 119:142; 48:10;
Dan. 9:14; Hos. 14:9; I Cor. 1:30;
Rom. 10:4*



Jehovah-Jireh (The Lord Provides) -

“God, by this Your love was manifested in me, that You sent Your only begotten Son into the world, so that I might live through Him. Gracious are You Lord, and righteous; yes, You are compassionate. You have rescued my soul from death, my eyes from tears, and my feet from stumbling. Oh, Lord, truly I am Your servant. I will offer to You a sacrifice of thanksgiving, and will call upon Your name.”

I John 4:9; Ps. 116:5, 8, 16, 17

Jehovah-Nissi (The Lord our Banner) -

“Yours, O Lord, is the greatness and the power and the glory and the victory and the majesty, indeed everything that is in the heavens and the earth. Yours is the dominion, O Lord, and You exalt Yourself as head over all. Both riches and honor come from You, and You rule over all, and in Your hand is power and might; and it lies in your hand to make great and to strengthen everyone. Now, therefore, my God, I thank You, and praise Your glorious name.”

I Chron. 29:11-13

Jehovah-M’Kaddesh (The Lord who Sanctifies) -

“Holy, Holy, Holy, are You, Lord of Hosts. The whole earth is full of Your glory! You are the high and exalted One who lives forever. Your name is Holy! You are light and in You there is no darkness at all. Holy, Holy, Holy, Lord God Almighty, who was and who is and who is to come. By Your doing, I am in Jesus Christ and He has become to me sanctification. Who will not fear, O Lord, and glorify Your name? For You alone are holy.

*Is. 6:3; 57:15; I John 1:5; Rev. 4:8
I Cor. 1:30; Rev. 15:4*

Jehovah-Shalom (The Lord My Peace) -

“Your name is Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace. If You are for me, who is against me? You who spared not Your own Son, but delivered Him up for us all, how will You not also with Him freely give me all things? Lord, You give strength to Your people; Lord, You bless Your people with peace.”

Is. 9:6; Rom. 8:31-35; Ps. 29:11

Jehovah-Shammah (The Lord is Present) -

“Heaven is Your throne, and the earth is Your footstool. There is no house that I can build for You, for Your hand made all these things. You have said You will dwell in me and You will walk with me in peace and uprightness and be my God and I will be one of Your people. Because You have said, “I will never desert you, nor will I ever forsake you,” so that I confidently say, “The Lord is my Helper, I will not be afraid. What shall man do to me? Where can I flee from Your presence? If I ascend to heaven, You are there; if I make my bed in Sheol, behold, You are there.”

Is. 66:1,2; Heb. 13:5,6; Ps. 139:7,8



Jehovah-Rohi (The Lord my Shepherd) -

"O Lord, You know me and I hear Your voice and as one of Your sheep, I follow You. You guide me in the paths of righteousness for Your name's sake. I fear no evil; for You are with me. You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows. You have sent the Helper, the Holy Spirit, to teach me all things, and bring to my remembrance all You have said."

John 10:14, 3, 4; Ps. 23:3-5;

John 14-26

[P O N D E R] : [an exercise of the mind to illuminate the soul]

Sit upright. Take a slow deep breath. Hold it for just a few seconds with your eyes shut. Exhale just a slow as the breath. Now with eyes wide open, ponder the picture these scriptures made in your mind. Take a moment and describe that image by journalling it.

[P R A I S E] : [an exercise of the heart to energize the spirit]

Admire what you have discovered about God. Say it verbally. Use a beginning phrase like "You are (attribute)!" or "I believe you can (action)!" or "Thank you for your promise that (promise)!" I have exclamation points on each statement, but they do not constitute absolute praise. The volume of the voice isn't key. The virtue within it is what's vital. Keep it real.

[P R A Y] : [an exercise of the spirit to release stress]

All the thinking, and admiring, will not remove life's troubles. However, through prayer we reorient ourselves to our rightful place with God, that being as one of his children. Our Father will take to our care, and we experience it, as we pray, and release all our burdens to him. And, as we pray for others, we attune our hearts to bear their burdens.

[P R A C T I C E] : [the exercise of the life to advance Christ's Kingdom]

Based on what you experienced today, what alteration might you need to make in your day to live in light of this revelation of God? Write it out in one or two simple sentences. Then share it with a fellow believer in conversation to solidify its implementation into your life.

MONDAY

[P A U S E] : [On this Monday I tap pause on the remote of my day to take in a view of Jesus]

[P R O N O U N C E] : [Read these verses out loud to God. He loves to hear His Word]

Confessions of praise about our Lord Jesus Christ....

The Savior -

"Lord Jesus, You came into the world not to judge the world, but that it might be saved through You. And there is salvation in no one else; for there is no other name under heaven that has been given among men by which I must be saved. You are able to keep me from stumbling and to make me stand in the presence of Your glory, blameless with great joy! And so to the only God, our Savior - through Yourself, my Lord Jesus Christ - be glory, majesty, dominion, and authority; before all time, and now, and forever. Amen." John 3:17; Acts 4:12; Jude 24,25

The Head of All Things -

"Lord Jesus, You are the image of the Invisible God, the first-born of all creation. By You all things were created in the heavens and on the earth. You are before all things and in You all things hold together. You are also the Head of the Body, the Church. You are the beginning, the first-born from the dead-so that You Yourself might come to have first place in everything. It was the Father's good pleasure for all the fullness to dwell in You and through You to reconcile all things to Himself, whether in heaven or on earth. In You I have been made complete and You are the Head over all rule and authority." Col. 1:15-20;2:10

The Lamb of God -

"Lord Jesus, You are the Lamb of God who takes away the sin of the world. You died for my sins according to the Scriptures. You delivered me from the domain of darkness and transferred me to Your kingdom. In You I have redemption, the forgiveness of sins. Worthy are You, the Lamb that was slain, to receive power and riches and wisdom and might and honor and glory and blessing. To Him Who sits on the throne, and to you, the Lamb, be blessing and honor and glory and dominion forever and ever. Amen." John 1:29; I Cor. 15:3; Col. 1:13-14; Rev. 5:12,13

The Way, The Truth, And The Life -

"Lord Jesus, You are the Way, and the Truth, and the Life. No one can come to the Father but through You. I have confidence to enter the holy place by Your blood. You are the new and living way which You inaugurated for me through the veil, that is Your flesh. Through You I have access in one Spirit to the Father. You are the Truth, and I will know You and the Truth will make me free."

John 14:6; Hebrews 10:19,20

Eph. 2:18; John 8:32



The Good Shepherd -

"Lord Jesus, You are the Good Shepherd. You know Your own, and Your own know You. You came that I might have life, and might have it abundantly. You have laid down Your life for me, Your sheep. You are the door of the sheep. Entering through You, I am saved and go in and out, and find pasture."

John 10:14, 10, 11, 7, 9

The Mighty Mediator -

"Lord Jesus, You - who gave Yourself as a ransom for all - are the only Mediator between God and men. After You made purification for my sins, You sat down at the right hand of the Majesty on high. You are able to save forever those who draw near to God through You, since You always live to make intercession for me."

I Tim. 2:5; Heb. 1:3, 7:25

The Bread of Life -

Lord Jesus, You are the bread of life. You are the bread of God which comes down out of heaven, and gives life to the world. he who comes to you shall not hunger and he who believes in You shall never thirst. You are the One that I may eat of and not die, but live forever."

John 6:48, 33, 35, 50, 51

The Light of the World -

"Lord Jesus, You are the True Light which, coming into the world, enlightens every man. He who follows You shall not walk in the darkness but shall have the light of life. In heaven there will be no need of the sun or the moon, for the glory of God illuminates it, and You are its lamp."

John 1:9, 8:12; Rev. 21:23

King of kings -

"Lord Jesus, You have been highly exalted by God and given a Name which is above every name; that at Your name every knee should bow of those who are in heaven, and on earth, and under the earth, and that every tongue should confess that You are Lord, to the glory of God the Father. You are the blessed and only Sovereign, the King of kings, and Lord of lords."

Phil. 2:9-11; I Tim. 6:15

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[P R A Y] : [an exercise of the spirit to release stress]

All the thinking, and admiring, will not remove life’s troubles. However, through prayer we reorient ourselves to our rightful place with God, that being as one of his children. Our Father will take to our care, and we experience it, as we pray, and release all our burdens to him. And, as we pray for others, we attune our hearts to bear their burdens.

[P R A C T I C E] : [the exercise of the life to advance Christ’s Kingdom]

Based on what you experienced today, what alteration might you need to make in your day to live in light of this revelation of God? Write it out in one or two simple sentences. Then share it with a fellow believer in conversation to solidify its implementation into your life.

TUESDAY

[P A U S E] : [On this Tuesday I mute the white noise of life to halt and listen for the Holy Spirit]

[P R O N O U N C E] : [Read these verses out loud to God. He loves to hear His Word]

Adoration of the Holy Spirit

The Sent One -

“Blessed Helper, Holy Spirit, I recognize You, acknowledge You and praise You as the One sent from the Father in the name of Christ to teach me all things.” John 14:26

The Fruit Producer -

“I praise You, Holy Spirit, and recognize You as the source of love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.” Gal. 5:22,23

The Comforter -

“Blessed Holy Spirit, I receive You as another Helper, just like Jesus, sent from the Father to be with me forever.” John 14:16



The Truth -

"Spirit of Truth, I praise You for guiding me into all the truth - You will not speak on Your own initiative. You glorify Christ the Lord, for You search all things, even the depths of God."

John 16:1, 13, 14; I Cor. 2:10

The Prayer Teacher

"I praise You, Holy Spirit, as the One who gives me access (through Jesus Christ) to the Father. I praise You that You teach me to pray as I should. I am blessed as You pray for me and in me."

Eph. 2:18; Rom. 8:26;

Jude 20

The Indweller -

"Indwelling Holy Spirit, who enables me to cry, 'Abba Father' - I praise You and I will hear Your voice today."

I Cor. 3:16; Gal. 4:6

Heb. 3:7

The Renewer -

"All praise to You, Holy Spirit, who renews me and sanctifies me and fills me with Your joy."

Titus 3:5; II Thess. 2:13;

I Thess. 1:6

The Convictor of Holy Things -

"Blessed Holy Spirit, You are the one who convicts the world concerning sin, and righteousness, and judgement. Concerning sin, because they do not believe in Christ; concerning righteousness, because He has gone to the Father and we no longer behold Him. And concerning judgement, because the Prince of this world has been Judged. You will indeed guide me into all the truth."

John 16:8-11; 13

The Gift Giver -

"You are the One, Blessed Spirit, who gives a variety of gifts, distributing to each one individually just as You will, giving to each one the manifestation of the common good."

I Cor. 12: 4, 11, 7

The Uniter & Builder -

"Blessed Holy Spirit, on You I am built together with Your other children as a dwelling of God. You build us on the foundation of the apostles and prophets, Christ Jesus Himself being the cornerstone. And in Him, the whole building being fitted together, is growing to a holy temple in the Lord."

Eph. 2:22, 20, 21



The Assurer -

"By You, Holy Spirit, I was sealed in Him after I believed in Christ my Lord. You are the pledge, the first installment of my inheritance with a view to my redemption, God's own possession the praise of His glory."
Eph. 1:13, 14

The Guide -

"I praise You, Holy Spirit, that You lead me as a child of God, and that by obeying You I am able to cut the nerve of my instinctive actions and am on the way to real living."
Rom. 8:14, 13"

The Filler -

"Blessed Holy Spirit, I acknowledge You as the One who fills me with the fullness of God, and that Your presence is manifested in all goodness and righteousness and truth."
Eph. 5:18, 9

The Giver of the Word -

I praise you, Holy Spirit, for the Word of God that came not by an act of human will, but men moved by You, spoke from God."
II Pet. 1:21

The Baptizer -

"Blessed Holy Spirit, You have baptized me with all believers into one Body in Christ, even as John the Baptist said that Christ would be the One who would baptize me with You."
I Cor. 12:13; Matt. 3:11

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WEDNESDAY

[P A U S E] : [On this Wednesday I quit racing on the track of ambition to sit in your presence Jesus.]

[P R O N O U N C E] : [Read these verses out loud to God. He loves to hear His Word]

Confessions of praise about The Lord Jesus Christ

The Emmanuel -

"You are called Emmanuel for You are God with me. He who has seen You has seen the Father."
Is. 7:14; Matt. 1:23; John 14:9

The Counselor -

"You are the Lord of hosts, Whose counsel is wonderful, and Whose wisdom is great. In You are hidden all the treasures of wisdom and knowledge." *Is. 28:29; Col. 2:3*

The Alpha -

"You are the Alpha (A) and the Omega (Z), who is and who was, and who is to come, the Almighty." *Rev. 1:8*

The Beloved -

"You are the Beloved of the Father, through whom You have freely bestowed Your grace on me."
Eph. 1:6



The Faithful One -

"You are the Faithful and True One. Every promise of God finds its affirmative in You. Faithful are You Who has called me, Who also will bring it to pass. You keep Your covenant and Your lovingkindness to a thousandth generation with those who love You and keep Your commandments."

I Thess. 5:24; Rev. 3:14; II Cor. 1:20; Deut. 7:9

The Deliverer -

"You are the Deliverer who has come out of heaven. You are my rock and my fortress and my deliverer, my God, in whom I take refuge...my shield...my stronghold."

Rom. 11:26; Ps. 18:2

The Christ -

"Your name is called Jesus for it is You Who saves Your people from their sins. Therefore also God highly exalted You, and bestowed on You the name which is above every name, that at Your name, Lord Jesus, every knee should bow, of those who are in heaven and on earth, and under the earth."

Matt. 1:21; Phil. 2:9-11

The God of The Whole Earth -

"You are my Redeemer, the Holy One of Israel, the God of all the earth, All authority has been given to You in heaven and on earth."

Is. 54:5; Matt. 28:18

The Light of the World -

"You are the Light of the World; he who follows You does not walk in darkness, but has the light of life."

John 8:12

The Mediator -

"You Who gave Yourself as a ransom for all, are the only Mediator between God and men."

I Tim. 2:5, 6

The Nazarene -

"You were in the beginning. You were with God and You are God. You became flesh, and dwelt among us. You resided in a city called Nazareth and were called a Nazarene. You are the Christ, the Son of the Living God."

John 1:1, 14;

Matt. 2:23; 16:6

The Savior -

"There is salvation in no one else; for there is no other name under heaven that has been given among men, by which I must be saved."

Act. 4:12



The Prince of Peace -

"You have made it possible for me to have peace with God through the justification of faith. You have made it possible for me to have peace with others by breaking down the barrier of the dividing wall, making in Yourself one new man. You are my peace."

Is. 9:6; Rom. 5:1; Eph. 2:14

The Righteous Judge -

"You are the Righteous Judge. When I have fought the fight, finished the course, and kept the faith, You will award to me (and to all others who have loved Your appearing), the crown of righteous."

II Tim. 4:7,8

The Only Begotten -

You are the Only Begotten from the Father, full of grace and truth. No man has seen the Father at any time, but You have explained Him. You were sent to the world by the Father's love, that whoever believes in you should not perish, but have eternal life." John 1:14; 3:16

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THURSDAY

[P A U S E] : [On this Thursday I tap out and submit to the greatness of my Triune God]

[P R O N O U N C E] : [Read these verses out loud to God. He loves to hear His Word]

Praise Father, Son, and Holy Ghost.

"Bless the Lord, O my soul, and all that is within me, bless His holy name. Bless the Lord, O my soul, and forget none of His benefits; who pardons all your iniquities; who heals all your diseases; who redeems your life from the pit; who crowns you with lovingkindness and compassion; who satisfies your years with good things, so that your youth is renewed like the eagle."

Ps. 103:1-5

"I bless you, God and Father of my Lord Jesus Christ, who has blessed me with every spiritual blessing in the heavenly places in Christ."

Eph. 1:3

"My God, You have supplied all of my needs - past, present, and future - according to Your riches in glory in Christ Jesus."

Phil. 4:19

"I thank You, God, who gives me the victory through my Lord Jesus Christ."

I Cor. 15:57

"I thank You, God, who always leads me in Your triumph in Christ and manifests through me the sweet aroma of Your knowledge in every place."

II Cor. 2:14

I praise You, God, that You are my sun and shield; that You give me grace and glory. Thank You for Your promise not to withhold any good thing from me as I walk uprightly."

Ps. 84:11

"I bless You, God and Father of my Lord Jesus Christ, for being the Father of all mercies, the God of all comfort. You comfort me in all my affliction, that I may be able to comfort those who are in any affliction with the comfort with which I myself am comforted by You."

II Cor. 1:3,4

"I bless You, Holy Spirit, who dwells in me. You lead me, and You bear witness with my spirit, that I am a child of God. You who raised Jesus Christ from the dead will also give life to my mortal body."

Rom. 8:9, 14, 16, 11



"I bless You, God and Father of my Lord Jesus Christ, who according to Your great mercy has caused me to be born again to a living hope through the resurrection of Jesus Christ from the dead. And to obtain an inheritance which is imperishable and undefiled and will not fade, reserved in heaven for me."
I Pet. 1:3,4

"I praise You, Holy Spirit, who helps my weakness, for I do not know how to pray as I should. But You intercede for me."
Rom. 8:26, 27

"I thank You that there is no God like You in heaven above or on earth beneath, who is keeping covenant and showing lovingkindness to me, Your servant, as I walk before You with all my heart."
I Kings 8:23

"Thank You, O Lord, that nothing-neither death, nor life, nor angels, nor principalities, nor things present, nor things to come, nor powers, nor heights, nor depth, nor any other created thing - nothing can separate me from Your love which is in Christ Jesus my Lord."
Rom. 8:38,39

"Who is like You among the gods, O Lord? Who is like You, majestic in holiness, awesome in praises, working wonders? In Your lovingkindness, You lead me whom You have redeemed; in Your strength You guide me to Your holy habitation."
Ex. 15:11, 13

"O may Your glorious name be blessed and exalted above all blessings and praise! You alone are the Lord. You made the heavens, the heaven of heavens with all their host. The earth and all that is on it. The seas and all that is in them. You give life to all of them, and the heavenly host bows down before You."
Neh. 9:5-6

"My heart is steadfast, O God, my heart is steadfast. I will sing, yes, I will sing praises! Awake, my glory; awake, harp and lyre. I will awaken the dawn! I will give thanks to You, O Lord, among the peoples. I will sing praises to You among the nations. For Your lovingkindness is great to the heavens, and Your truth to the clouds. Be exalted above the heavens, O God; let Your glory be above all the earth."
Ps. 57:7-11



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FRIDAY

[P A U S E] : [Today I start with a pause to acclimate myself with the God I'm thanking that it's Friday]

[P R O N O U N C E] : [Read these verses out loud to God. He loves to hear His Word]

Acknowledgment of the essence of God

Almighty -

“Nothing is too difficult for You, O great and mighty God. The Lord of Hosts is Your name; great in counsel and mighty in deed, whose eyes are open to all the ways of the sons of men, giving to everyone according to his ways and according to the fruit of his deeds.”

Jer. 32:17, 18, 19

Creator -

“Ah, Lord God! Behold, You have made the heavens and the earth by Your great power and by Your outstretched arm! The heavens are Yours, the earth also is Yours; the world and all it contains. You have founded them. Yours is the day. Yours is the night. You have prepared the light and the sun.”

Jer. 32:17; Ps. 89:11, 74:16



Ever-Present -

"O Lord, where can I go from Your Spirit? Or where can I flee from Your presence? If I ascend to heaven, You are there. If I make my bed in Sheol, behold, You are there. If I take the wings of the dawn, if I dwell in the remotest part of the sea, even there Your hand will lead me, and Your right hand will lay hold of me. If I say, "Surely the darkness will overwhelm me, and the light around me will be night," even the darkness is not dark to You, and the night is as bright as the day. Darkness and light are alike to You."

Ps. 139:7-12

All-Knowing -

"O Lord, You have searched me and known me. You know when I sit down and when I rise up. You understand my thoughts from afar. You scrutinize my path and my lying down, and are intimately acquainted with all my ways. Even before there is a word on my tongue, O Lord, You know it all. You have enclosed me behind and before, and laid Your hand upon me. Such knowledge is too wonderful for me, it is too high. I cannot attain to it."

Ps. 139:1-6

Ruler -

"Who is the King of glory? The Lord strong and mighty! The One who touches the land so that it melts and all those who dwell in it mourn. The One who has founded His vaulted dome over the earth. He who calls for the waters of the sea and pours them out on the face of the earth. The one forming light and creating darkness, causing well-being and creating calamity. The King of kings and Lord of lords, who alone possesses immortality and dwells in unapproachable light. To You, O Lord, be honor and eternal dominion."

Ps. 24:8; Amos 9:5-6; Is. 45:7; I Tim. 6:15, 16

Immutable -

"You Lord, do not change. Jesus Christ is the same yesterday and today, yes and forever. Forever, O Lord, Your Word is settled in heaven. Your faithfulness continues throughout all generations. You established the earth and it stands. They stand this day according to Your ordinances, for all things are Your servants."

Mal. 3:6; Heb. 13:8; Ps. 119:89-91

Living -

"Lord, You are the true God. You are the living God and the everlasting King. You are the first and the last, and there is no god besides You. Molten images are deceitful and there is no breath in them. The idols of the nations are but silver and gold, the work of man's hands. They have mouths but they do not speak; they have eyes, but they do not see; they have ears, but they do not hear. The One who fashioned me is not like these, for You are the Maker of all. Whatever You please, You do. My God, You are great and above all gods. I praise You, Lord! I praise You, for You are good!"

Jer. 10:10-17; Is.44:6; Jer. 10:14;

Ps. 135:15-17; Jer. 10:16; Ps. 135:3, 5-6



Merciful -

“O Lord, You are compassionate and gracious, slow to anger and abounding in lovingkindness. You have not dealt with me according to my sins, nor rewarded me according to my iniquities. As high as the heavens are above the earth, so great is Your lovingkindness toward me.”

Ps. 103:8-11

Love -

“O Lord, You are love. You so loved the world, that You gave Your only begotten Son, that whoever believes in Him should not perish, but have eternal life. And You desire all men to be saved and to come to the knowledge of the truth. Greater love has no one than Yours that You lay down Your life for me, Your friend. How great a love You have bestowed on me, Father, that I should be called Your child! And it has not appeared as yet what I shall be. I know that, when You appear, I shall be like You because I shall see You just as You are.”

I Tim. 2:4; John 3:16; 15:13; I John 3:1,2

[P O N D E R] : [an exercise of the mind to illuminate the soul]

Sit upright. Take a slow deep breath. Hold it for just a few seconds with your eyes shut. Exhale just as slow as the breath. Now with eyes wide open, ponder the picture these scriptures made in your mind. Take a moment and describe that image by journalling it.

[P R A I S E] : [an exercise of the heart to energize the spirit]

Admire what you have discovered about God. Say it verbally. Use a beginning phrase like “You are (attribute)!” or “I believe you can (action)!” or “Thank you for your promise that (promise)!” I have exclamation points on each statement, but they do not constitute absolute praise. The volume of the voice isn’t key. The virtue within it is what’s vital. Keep it real.

[P R A Y] : [an exercise of the spirit to release stress]

All the thinking, and admiring, will not remove life’s troubles. However, through prayer we reorient ourselves to our rightful place with God, that being as one of his children. Our Father will take to our care, and we experience it, as we pray, and release all our burdens to him. And, as we pray for others, we attune our hearts to bear their burdens.

[P R A C T I C E] : [the exercise of the life to advance Christ’s Kingdom]

Based on what you experienced today, what alteration might you need to make in your day to live in light of this revelation of God? Write it out in one or two simple sentences. Then share it with a fellow believer in conversation to solidify its implementation into your life.



SATURDAY

[P A U S E] : [I put myself in time-out, not for correction, but for reflection on the unrivaled God]

[P R O N O U N C E] : [Read these verses out loud to God. He loves to hear His Word]

There is no one like you oh God!

“O Lord, how many are Your works! In wisdom You made them all. The earth is full of Your possessions. They all wait for You to give them their food in due season. You give to them and they gather it up. You hide Your face and they are dismayed. You send forth Your Spirit, they are created; and You renew the face of the ground.”

Ps. 104:24, 27-30

“The heavens are telling of Your glory, O God, and their expanse is declaring the works of Your hands. Your lovingkindness is great to the heavens, and Your truth to the clouds. Be exalted above the heavens, O God. Let Your glory be above all the earth.”

Ps. 19:1; 57:10-11

“You, O Lord, are good, and ready to forgive, and abundant in lovingkindness to me and all who call upon You. There is no one like You among the gods, O Lord, nor are there any works like Yours. All nations whom You have made shall come and worship before You, O Lord, and they shall glorify Your name. For You are great and do wondrous deeds. You alone are God.”

Ps. 86:5, 8-10

“I will give thanks to You, O Lord my God, with all my heart, and will glorify Your name forever. For Your lovingkindness toward me is great, and You have delivered my soul from the depths of Sheol.”

Psalm 86:12, 13

“The floods have lifted up, O Lord, the floods have lifted up their voice. The floods lift up their pounding waves. I join them, my Lord on high, for more than the sounds of many waters, than the mighty breakers of the sea. You are mighty. Your testimonies are fully confirmed. Holiness befits Your house, O Lord, forevermore.”

Ps. 93:3-5

“I will sing to you, Lord, as long as I live. I will sing praise to You God while I have my being. Let my meditation be pleasing to You. As for me, I shall be glad in You, Lord.”

Ps. 104:33,34



"Bless the Lord, you His angels, mighty in strength, who performs His Word...you who serve him, doing His will. Bless the Lord, all you works of His, in all places of His dominion. Bless the Lord, O my soul!"
Ps. 103:20-22

"I praise You, Lord God, because You reign! You have clothed and girded Yourself with majesty and with strength. Indeed the world is firmly established, it will not be moved. Your throne is established from old; You are from everlasting."
Ps.93:1, 2

"Lord Jesus, You are the Resurrection and the Life. The one who believes in You shall live, even if he dies, and everyone who lives and believes in You shall never die. You are the living One and You were dead; and behold, You are alive forevermore. You have the keys of death and of Hades."
John 11:25; Rev. 1:18

"Because Your lovingkindness is better than life, my lips shall praise You. So I will bless You as long as I live. I will lift up my hands in Your name. My soul is satisfied, and my mouth offers praises with joyful lips."
Ps. 63:3-5

"O Lord my God, You are very great! You are clothed with splendor and majesty, covering Yourself with light as with a cloak, stretching out heaven like a tent curtain. You lay the beams of Your upper chambers in the waters. You make the clouds Your chariot. You walk upon the wings of the wind. You establish the earth upon its foundations. You send forth springs in the valleys, you cause the grass to grow for the cattle and vegetation for the labor of man. O Lord, how many are Your works! In wisdom You have made them all. The earth is full of Your possessions."
Ps. 104:1-3, 5, 10, 14, 24

"I sing for joy to You, O Lord. I shout joyfully to You, rock of my salvation. You are a great God and a great King above all gods. In Your hand are the depth of the earth. The peaks of the mountains are Yours also. The sea is Yours, for it was You who made it, and Your hands formed the dry land. I worship and bow down, I kneel before You, Lord my maker."
Ps. 95:1, 3-6

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[repeat weekly]