

Dec 7, 2025

2025_12_07 Matt 11v28-30





**“Come to me, all of you who are weary and burdened,
and I will give you rest. Take my yoke upon you and
learn from me, because I am lowly and humble in heart,
and you will find rest for your souls. For my yoke is
easy and my burden is light.”**

Matthew 11v28-30 (CSB)



2

Scripture



**Share in suffering as a good soldier of Christ Jesus.
2 Timothy 2v3 (CSB)**



3

Scripture



True freedom begins where our autonomy ends.



4

Scripture



**Surrender doesn't take away freedom; it amplifies
freedom when given to Jesus.**



5

Scripture



The myth of *limitless freedom*.



6

Scripture



So often the freedom to choose becomes the slavery of repeated poor choices in our lives.



7

Scripture



“Change requires an openness to receive something beyond what I presently have. It involves confession of my own inadequacy and a purposeful openness of my heart to receive what is needed for change. Only those who are ‘weary and heavy-laden’ – those who are tired of their present life and long for a change – are invited by Jesus to come to him and find rest.”

Robert Saucy



8

Scripture



For Jesus, taking his yoke is to realize that **wise limits create freedom.**



9

Scripture



Freedom is not the absence of any limits; rather, freedom is about choosing the right constraints that align our desires with God's will.



10

Scripture



"For freedom, Christ set us free."
Galatians 5v1 (CSB)



11

Scripture



Insight 1: You don't experience freedom by doing whatever you want—you experience freedom by doing what you were made for.



12

Scripture



Our culture confuses **freedom from** (removing limits) with **freedom for** (fulfilling purpose).



13

Scripture



Following Jesus constrains us from what deforms us so
that we can flourish in what frees us.



14

Scripture



Insight 2: Freedom isn't the absence of formation — it's
choosing who will form you.



15

Scripture



Freedom is not rugged independence – freedom is choosing the right master.



16

Scripture



Insight 3: Spirit-enabled freedom looks like love.



17

Scripture



You know you're free not when you can do whatever you want, but when you want what is good, beautiful, holy, and loving.



18

Scripture



**Freedom is not the ability to do whatever you want.
Freedom is the ability to want what Jesus wants.**



19

Scripture



You are most free not when you escape all limits, but when you surrender to Jesus' yoke—the yoke that fits your soul.

