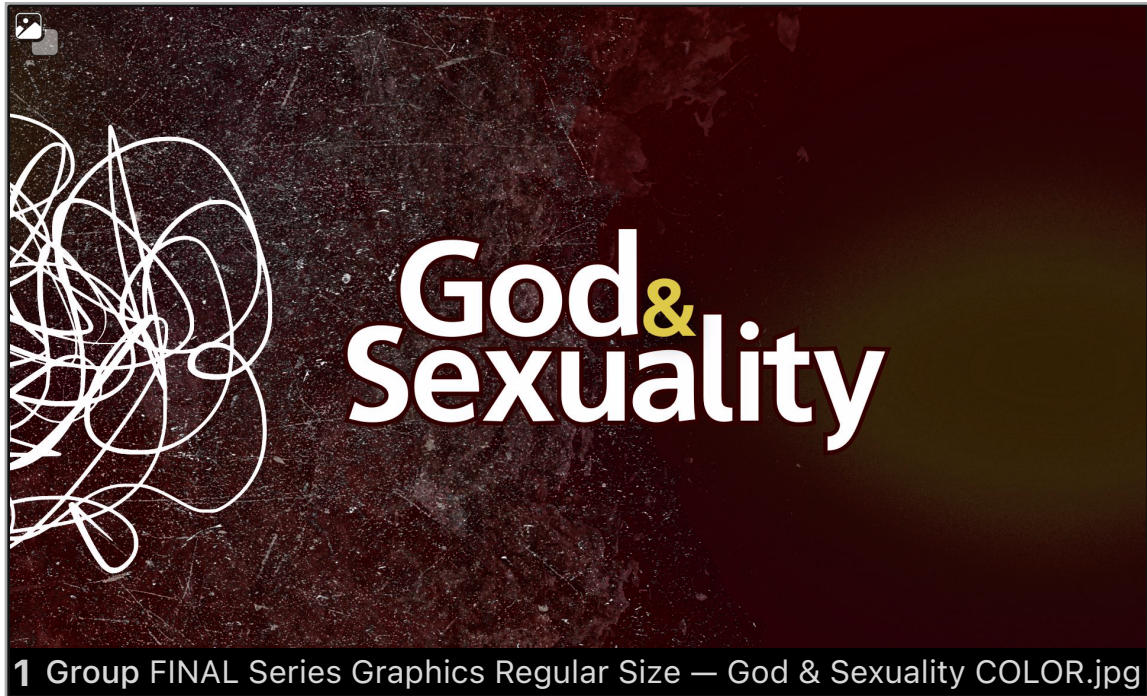


2026_04_19 Sexual Discipleship

Apr 19, 2026





2 Group

God and Sexuality Background Iteration 02.jpg

“Everything is permissible for me,” but not everything is beneficial. “Everything is permissible for me,” but I will not be mastered by anything.

3 Group

“Food is for the stomach and the stomach for food,” and God will do away with both of them. However, the body is not for sexual immorality but for the Lord, and the Lord for the body.

4

God raised up the Lord and will also raise us up by his power. Don't you know that your bodies are a part of Christ's body?

5

So should I take a part of Christ's body and make it part of a prostitute? Absolutely not! Don't you know that anyone joined to a prostitute is one body with her? For Scripture says, The two will become one flesh. But anyone joined to the Lord is one spirit with him.

6

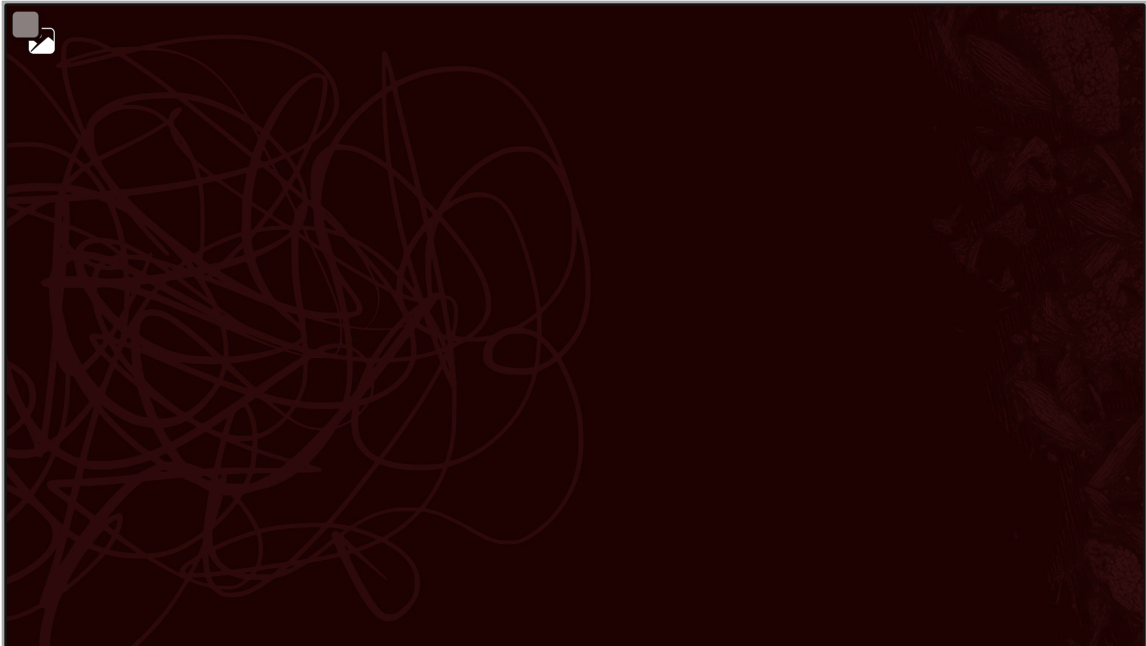
Flee sexual immorality! Every other sin a person commits is outside the body, but the person who is sexually immoral sins against his own body.

7

Don't you know that your body is a temple of the Holy Spirit who is in you, whom you have from God? You are not your own, for you were bought at a price. So glorify God with your body.

1 Corinthians 6v12-20 (CSB)

8



9

God and Sexuality Background Iteration 06.jpg

Our sexuality is often formed by a story.

10

True sexual freedom is using it for the glory of God, which means stewarding our sexuality according to God's purpose and plan.

11

“Humanism... has not managed to produce an integrated and holistic understanding of the human person.”

Melinda Selmys

12

Your body - and sexuality - is for the Lord.

13

***Pornea* - any and all forms of sexual use outside of the covenant of marriage between a man and woman.**

14

“Paul’s argument is that our physical bodies matter and what we do with them physically as bodies indicates whether we take seriously the lordship of Christ in all areas of life, including our physical actions.”

Dr. Paul Gardner

15

Sex involves all of who you are as a person.

16

Sex is not just something you do; sex does something to you.

17

As of 2024 – Among practicing Christians, 54% report viewing porn, including 22% who view it once a week or more.

75% of Christian men and 40% of Christian women acknowledge viewing porn “to some extent.”

56% of divorces involve one person having obsessive pornography use.

18

84% of self-identified porn users say no one is helping them avoid pornography, and 48% of practicing Christians who use porn say no one knows about it.

19

Equipping Course - Sexual Integrity 101

20

We honor God through sexual faithfulness.

21

Why is honoring God with your body important?

**Your body is temple of the Holy Spirit.
You were bought with a price.**

22

**Jesus wants to heal and transform my sexuality so that
my body and desires are surrendered to his love.**

23

Let your sexuality point you to the true story.

24

Pursue a holistic integration of your sexuality.

25

Submit your sexual desires to the transformative power of the Holy Spirit.

26

“For me the real evil of masturbation would be that it takes an appetite which, in lawful use, leads the individual out of himself to complete (and correct) his own personality in that of another (and finally in children and even grandchildren) and turns it back; sends the man back into the prison of himself, there to keep a harem of imaginary brides. And this harem, once admitted, works against his ever getting out and really uniting with a real woman.

27

For the harem is always accessible, always subservient, calls for no sacrifices or adjustments, and can be endowed with erotic and psychological attractions which no woman can rival. Among those shadowy brides he is always adored, always the perfect lover; no demand is made on his unselfishness, no mortification ever imposed on his vanity. In the end, they become merely the medium through which he increasingly adores himself...

28

After all, almost the main work of life is to come out of ourselves, out of the little dark prison we are all born in. Masturbation is to be avoided as all things are to be avoided which retard this process. The danger is that of coming to love the prison."

C.S. Lewis

29

Become a witness to a confused world.

30

“When the Bible speaks of love, it measures it primarily not by how much you want to receive, but by how much you are willing to give of yourselves to someone.”

Tim Keller

31

Jesus wants to heal and transform my sexuality so that my body and desires are surrendered to his love.

32

How do you engage in sexual discipleship to Jesus?

- **Surrender your desires.**
- **Rely on the Holy Spirit.**
- **Adjust your sexual practices to align with God's design for your sexuality.**
- **Live in community that upholds Jesus' way.**

33

