

Response Questions  
March 5, 2023 | Ephesians 3:14-19  
*Going With Your Whole Heart*  
Virgil Tanner

1. Which dimension of your soul – spiritual, cognitive, emotional, physical, relational – do you feel most comfortable and competent with? Which are you least comfortable and competent with?
2. Which of the four integrations do you find you need the most help with right now: your work and God's; your household and your mission; your vocation and your ministry; yourself and your communities?
3. Read the following prayer by George Appleton. How do you react to it?  
Give me a candle of the Spirit, O God, as I go down into the deeps of my being. Show me the hidden things, the creatures of my dreams, the storehouse of forgotten memories and hurts. Take me down to the spring of my life and tell me my nature and my name. Give me freedom to grow, so that I may become that self, the seed of which You planted in me at my making. Out of the depths I cry to You...
4. Read Paul's prayer in Ephesians 3:14-19. What is the most important take away for you?
5. Can you (honestly) name the emotions you feel as you entertain the idea of Jesus seeking access to the rooms in your heart that your traumas, fears, and sins have locked up?
6. Now, a question for you to ask Jesus. Set a timer for 90 seconds and ask Jesus, "What do you have to say to me in all this? Is there someplace inside you want me to go with you?" Now, listen for 90 seconds and just notice what you notice. There's no pressure to find an answer. Simply sit with Jesus and the question.