

God is My True North

July 26, 2026 | Psalm 16:1-11 | Pastor Daniel Torres

Sermon Outline

1. God is my refuge when I am afraid.
2. God is my guide when life feels uncertain.
3. God is my joy now and forever.

Main Idea

When life feels uncertain—when we feel scared or lost—Psalm 16 reorients our hearts toward God, our refuge, guide, and everlasting joy. Because Jesus rose from the dead, we can trust God with both our present fears and our eternal future.

Leader's Note

Choose the questions below that best fit your group and the time available. You do not need to discuss every question. However, we strongly recommend covering at least one question from each section: Upwards, Inwards, and Outwards.

Optional Icebreaker

When you need directions in an unfamiliar place, what helps you most: a map, signs, asking someone, or something else?

Discussion Questions

UPWARDS - Growing in Relationship with God

1. What does Psalm 16 teach us about how trusting God can help us overcome fear and uncertainty?
2. What false refuges compete with our trust, and how can we turn to first to God instead?
3. How does the hope of Jesus' resurrection change the way Christians face fear, uncertainty and death?

INWARDS - Growing in Fellowship with One Another

4. How can Christian community support someone who feels afraid or uncertain?
5. How can we help each other keep the Lord before us when responsibilities and distractions compete for our attention?
6. How could we encourage each other to pray or memorize a psalm during the next month?

OUTWARDS - Reaching Those Around Us

7. How can our lives show that lasting security and joy are found in God rather than in control, success or approval?
8. How can the hope of Jesus' resurrection help us respond with compassion to someone facing fear, grief or uncertainty?
9. What specific action will you take this week to encourage one person towards God's presence and hope?



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