

The Lord is My Shepherd

August 2, 2026 | Psalm 23:1-4 | Pastor Daniel Torres

Sermon Outline

1. Depend on His Care
2. Follow His Leading
3. Trust His Presence

Main Idea

Because the Lord is our faithful Shepherd, we can depend on His care, follow His leading, and trust His presence through every landscape of life. Jesus is the Good Shepherd who gave His life for us, rose again, and holds His sheep securely in His hand.

Leader's Note

Choose the questions below that best fit your group and the time available. You do not need to discuss every question. However, we strongly recommend covering at least one question from each section: Upwards, Inwards, and Outwards.

Optional Icebreaker

What place or activity helps you slow down and feel refreshed?

Discussion Questions

UPWARDS - Growing in Relationship with God

1. Psalm 23:1 says, "The Lord is my shepherd." What does this personal confession teach us about belonging to God and depending on him?
2. Psalm 23:2 describes the Shepherd leading His sheep into rest. What can make it difficult for us to receive God's gift of rest?
3. Jesus says that he is the Good Shepherd who lays down His life for his sheep. How does Jesus' death, resurrection, and promise of eternal life help us trust Him?

INWARDS - Growing in Fellowship with One Another

4. Psalm 23:3 shows the Shepherd restoring His sheep and leading them back to the right path. How can a small group help someone return to God with grace and truth?
5. What kind of care can bring comfort to someone walking through a dark valley without pressuring that person to explain their pain?
6. What spiritual practice could help our group listen to Jesus and follow His leading together?

OUTWARDS - Reaching Those Around Us

7. The Good Shepherd searches for His sheep and cares for them personally. How can we reflect His care to someone who feels alone or overlooked?
8. Who could you encourage this week by sharing Psalm 23 or another psalm with them?
9. How can our confidence in Jesus' presence help us offer humble and compassionate hope to someone facing a difficult season?



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