

Communion

The Bread & The Cup



Communion (The Upper Room Passover)

Now on the first day of matzah, when they were slaughtering the Passover lamb, Yeshua's disciples say to Him, "Where do You want us to go and prepare for You to eat the Passover?"

(Mark 14:12 TLV)

Communion | The Bread (Matzah)

- The flat, unleavened bread of Passover (Pesach) is called the bread of affliction.
- It's a reminder of how quickly the Israelites fled Egypt that they didn't have time for their bread to rise.
- It is also called the bread of freedom.
- It was initially eaten at a transition point from slavery to freedom as the Death Angel passed over the Israelite dwellings.
- Breaking a piece of matzah in two at the start of the Passover Seder symbolizes that we are still living in a world of brokenness.
- Sharing food is the first act through which slaves become free human beings.

Communion | The Cup

1. The Cup of Sanctification (*Kiddush*) : Consumed early in the meal. It's used to sanctify (set apart) Passover and every Sabbath.
2. The Cup of Deliverance (*Maggid*)
3. The Cup of Redemption (Birkat Hamazon): **This cup is consumed after eating.**
4. The Cup of Praise (*Hallel*)

Communion | The Upper Room Passover

And when He had taken matzah and offered the bracha, **He broke it** and gave it to them, saying, “This is My body, given for you. Do this in memory of Me.” In the same way, He took **the cup after the meal**, saying, “This cup is the new covenant in My blood, which is poured out for you.”

(Luke 22:19-20 TLV)

Communion | The Fourth Cup (Hillel)

And He took a cup; and after giving thanks, He gave to them and they all drank from it. And He said to them, “This is My blood of the covenant, which is poured out for many. Amen, I tell you, **I will never again drink of the fruit of the vine, until that day when I drink it anew in the kingdom of God.**”

(Mark 14:23-25 TLV)

Communion | The Messianic Commemoration

For I received from the Lord what I also passed on to you—that the Lord Yeshua, on the night He was betrayed, took matzah; and when He had given thanks, He broke it and said, “This is My body, which is for you. Do this in memory of Me.” In the same way, He also took the cup, after supper, saying, “This cup is the new covenant in My blood. Do this, as often as you drink it, in memory of Me.” For as often as you eat this bread and drink this cup, you proclaim the Lord’s death until He comes.

(1 Corinthians 11:23-26 TLV)

Communion | The Proclamation

For God was pleased to have all His fullness dwell in Him and through Him to reconcile all things to Himself, making peace through the blood of His cross—whether things on earth or things in heaven! Once you were alienated from God and hostile in your attitude by wicked deeds. But now He has reconciled you in Messiah's physical body through death, in order to present you holy, spotless and blameless in His eyes— (Colossians 1:19-22 TLV)