

The Sweet Life – Week 4
Patience
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Galatians 5:22–23

We become people of patience when we trust God through the uncontrollable circumstances we face in life.

Patience is the ability to endure frustration, delay, disappointment, or difficult people without losing your composure or giving up.

The foundation of patience is understanding God's patient posture toward us.

Surrendering to God's Timing

James 5:7–8

Psalms 27:14

Am I willing to wait for God's timing rather than force my own?

Cooperating with God's Transformation

Philippians 1:6

2 Peter 3:18

Am I extending myself the same grace God extends to me?

Reflecting God's Posture

Ephesians 4:2

Colossians 3:12–13

Am I expecting perfection from people who are still growing?

Patience is not produced by controlling our circumstances but by surrendering them to the Holy Spirit.