

The Sweet Life – Week 9
Self-Control
Rev. Todd Cullen
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Galatians 5:22-23

Galatians 5:13

Self-control is not about controlling ourselves; it is about surrendering ourselves to the control of the Holy Spirit.

Spirit-produced self-control grows from surrendering our desires to God.

Galatians 5:13

Romans 6:12-14

What desire has become stronger than my desire to follow Christ?

Spirit-produced self-control grows from choosing what is eternal over what is immediate.

Hebrews 12:1-2

1 Corinthians 9:24-27

Am I living for today's comfort or tomorrow's reward?

Spirit-produced self-control grows from depending on the Holy Spirit instead of our own willpower.

Galatians 5:16

Romans 8:5-6

Am I trying harder, or am I surrendering more fully to the Holy Spirit?

The Holy Spirit cultivates self-control by first transforming our desires, which then shapes our decisions.