

The Sweet Life – Week 3  
Peace  
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Galatians 5:22–23 (ESV)

Peace becomes vulnerable the moment we refuse to rest in God's grace.

Galatians 2:11 (ESV)

Galatians 5:15 (ESV)

Galatians 5:26 (ESV)

Biblical peace is not the absence of trouble but the presence of wholeness.

A key ingredient of the Sweet Life is experiencing peace with God, within ourselves, and with others.

Peace With God

The foundation of peace in our lives is rooted in our trust in God.

True and lasting peace in our lives comes when we recognize our separation from God, reconcile our future to God, then root our full trust in God.

Romans 5:1 (ESV)

What is preventing me from fully trusting God's love, grace, and forgiveness?

Peace With Ourselves

Finding peace with God creates the foundation for peace within.

John 16:33 (ESV)

Philippians 4:6–7 (ESV)

1 Peter 5:7–9 (ESV)

When anxiety rises, do I run to God or try to carry the burden myself?

Peace With Others

Peace with God and peace within help us navigate conflict with others.

Romans 12:18–19 (ESV)

Matthew 5:39–41 (ESV)

Matthew 5:9 (ESV)

Am I contributing to peace or creating conflict in my relationships?

Peace is not found in the absence of problems but in the presence of God.