

GATEWAY CHURCH

# Fasting 2026

PREPARING FOR PROVISION  
&  
REVELATION

JAN 11-FEB 1

@GATEWAYVICTORIA

# **Biblical Background:**

**DEUTERONOMY 8:3**

**“AND HE HUMBLED YOU AND LET YOU HUNGER AND FED YOU WITH MANNA, WHICH YOU DID NOT KNOW, NOR DID YOUR FATHERS KNOW, THAT HE MIGHT MAKE YOU KNOW THAT MAN DOES NOT LIVE BY BREAD ALONE, BUT MAN LIVES BY EVERY WORD THAT COMES FROM THE MOUTH OF THE LORD.”**

**CF. DEUT 9:9**

# sabbath & fasting



**SABBATH WAS OBEYING THE COMMAND TO NOT WORK TO PROVIDE FOR YOURSELF FOR ONE DAY A WEEK TO SHOW YOU TRUSTED GOD TO PROVIDE.**

**BUT UNLIKE SABBATH, FASTING WAS AT ITS ORIGINS (WITH MOSES IN THE EXODUS) ABOUT PREPARING TO RECEIVE *REVELATION* - A WORD THAT PROCEEDS FORTH FROM THE MOUTH OF THE LORD.**

**Jesus preparing for his ministry doing what? =  
Fasting**

- **re: Matt 4, Mark 1, Luke 4**
- **Jesus fasted...how long? = 40 days and 40 nights.**

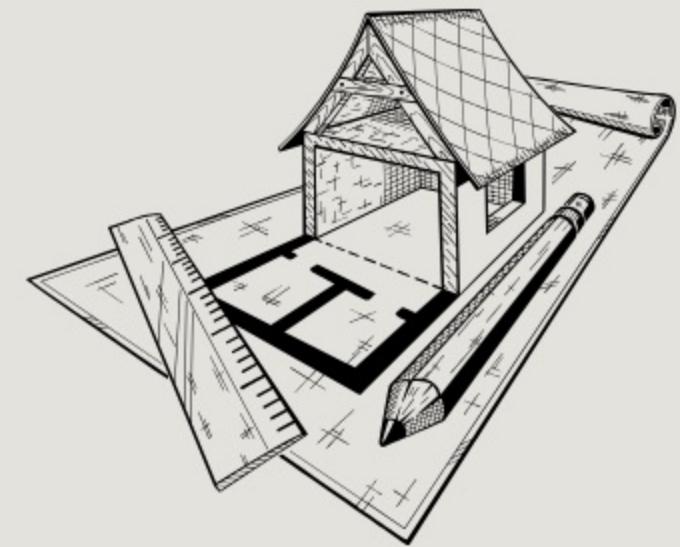
**And when the devil tempts him to transform stones to bread, who does he quote? = Moses:**

**“Man shall not live on bread alone, but by every word that proceeds forth from the mouth of God.”**

**fasting remains a force in relationship with God.**

WHEN QUESTIONED ON FASTING, AND WHY JESUS' DISCIPLES DIDN'T FAST AS MUCH AS THE PHARISEES OR JOHN'S DISCIPLES, JESUS SAID IN MATT 9, MARK 2, AND LUKE 5 THAT AFTER HIS DEATH, RESURRECTION, AND ASCENSION INTO HEAVEN, WHEN THE DISCIPLES CAN'T SEE JESUS IN-PERSON AND CAN'T HEAR HIS VOICE IN-PERSON, **“then they will fast”**

**In this way, Fasting is occasionally  
what Sabbath is regularly:**



**a re-establishment or re-enforcement of the whole template for Life.**

# **Fasting: Conditional or Contingent?**

**Fasting meets the Condition to be eligible for an outcome Contingent on God's sovereign will.**

