

## **SBSG Questions**

### **Ephesians 4:25-32**

1. In Vs 25 Paul mentions “having put away falsehood”. What is the falsehood he is talking about? You may need to look back to Vs 22-24. How is falsehood linked to our “former manner of life”?
  
2. What is it that makes you angry? What is your biggest source of constant irritation/getting “under your skin”? Can you describe a time when you became angry enough that your own emotions/thoughts led you to sin? Can you remember a time in your life when you didn’t deal with your anger?
  
3. In verse 28, the Apostle Paul tells us not to steal. Aside from obvious theft, what are some other ways we might be “stealing”?
  
4. Compare corrupting talk vs talk that builds up. What are the impacts to the person who is being talked to? Are there times when you have said things that were destructive instead of graceful? What were the impacts on you as this happened?
  
5. How is Christ’s church gathered together similar to a family, how is it dissimilar? What are the impacts of a “family” who lives in a household that is like verse 31 (bitterness, wrath, anger, clamor, slander, malice) compared to a family like verse 32? What are the implications for the church?
  
6. Paul has given us practical guidelines on HOW to live as our “new self”. What are the biggest struggles you face dealing with anger, theft, corrupt talk, putting on the “old self”?