

# as I grow older

Week 5 / As I Grow Older... Am I Growing Content? / September 14, 2025

## Leader's Opening Question:

"What is one small area of life where you've noticed yourself becoming more content as you grow older?"

## Sermon Discussion Questions with Discussion Prompts

Read 1 Kings 21:1–4.

- What do you notice about Ahab's response when he doesn't get what he wants?
- How do you see that same "sullen and angry" spirit show up in our culture — or even in your own heart?
  - **Leader's Prompt:** Remind the group that Ahab had wealth and power but was never satisfied. Push for their thoughts: "Why does having more not always bring contentment?"

**Four Life Scenarios for Contentment:** Pastor Tim gave **four lessons** about learning to be content:

1. Learn to be content **when we face disappointment** (Psalm 37:7).
  - We won't always get what we want. Ahab pouted, Jezebel plotted, but Naboth patiently trusted God.
2. Learn to be content **when God says no** (James 4:3; 1 Corinthians 6:12).
  - God's "no" is protection, not punishment. True contentment comes from trusting His boundaries.
3. Learn to be content **when other voices fuel our bitterness** (Hebrews 12:15).
  - Ahab listened to Jezebel's voice instead of God's. What voices tempt us to grasp instead of trust?
4. Learn to be content **when we are found out** (1 Kings 21:17-22).
  - Hidden sin is always uncovered. Ahab was humbled but never truly repentant. Contentment requires humility and daily change.

## Discussion Questions:

1. Which of these four scenarios feels most challenging for you right now?
2. Which one offers the greatest encouragement?

- **Leader's Prompt:** Print this document if possible. Let participants pick one to talk about personally, rather than trying to answer all.

**Reflection Questions:** Read Ephesians 2:1–5 together. Jesus as the Greater example.

1. What stood out to you in this passage? *Say it word for word, not what you think it says.*
2. Is there anything confusing in this passage?
3. Did anything make you think differently about Jesus in this passage?
4. How might this passage of Scripture change the way we live as a community of small group believers?

- **Leader's Prompt:** Encourage participants to stick closely to the text itself. Gently remind them: "Let's use God's words, not just our summaries."
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### Wrap-Up Question

"As you look at the four life scenarios for contentment, what is one boundary or step you could take this week to grow more content in Christ?"