



Week 3 / As I Grow Older... Am I Growing Humble? / August 31, 2025

Leader's Opening Question:

- When you hear the word humble, what's the first picture or person that comes to mind?

Definitions of Humble/Humility

- Zondervan Bible Dictionary: Humility is freedom from pride, recognizing one's dependence on God, and showing a proper attitude toward Him and others.

Sermon Discussion & Questions:

1. King Asa's Story. Read together. 2 Chronicles 14:2, 7-12 and 16:1-14.

- What do you notice about Asa's prayer before battle?
- Why do you think Asa relied on God instead of his large army?
- How do we know when we're truly relying on God instead of ourselves?
- How did it all fall apart for Asa in chapter 16?
- To you, what's the difference between receiving help and resisting it out of pride?

2. There were three "Red Flags" to know if you are struggling to grow humble: Humble people rely on the Lord. Humble people receive corrections. Humble people do not resist help.

- Do you rely on your own self or the Lord? 50/50, 70/30, 10/90 (Ha ha!)
- How do you receive corrections as a person of your age? What about when you were younger?

3. We covered three Ways To Grow Humble: 1. Believe there is more grace for you. 2. Confess your sin that you didn't rely on God. 3. Surrender it to Him. As we put these three steps before God, we get to start a new chapter in our life, God lifts us up!

- Read James 4:6-10 together. What does this passage show us about God's attitude towards pride and humility? What does that reveal about His heart for us? (God gives grace to the humble)
- In these verses, how does God respond when people draw near to Him in humility? What does that tell us about His character? (approachable, forgiving, and ready to lift us up)

Asa's story warns us that pride can creep in—even after strong beginnings. True humility means relying on God, receiving correction, and not resisting His help.

This week, what is one area where you need to depend more fully on God instead of yourself?