

You Matter

For you formed my inward parts; you knitted me together in my mother's womb. I praise you, for I am fearfully and wonderfully made. Wonderful are your works; my soul knows it very well.

Psalm 139:13-14 ESV

You have a purpose and God has a plan. You matter to God. The very reason for your creation was because you were necessary to help fulfill God's plan in the earth. Your existence is a reminder that God is mindful of you and that your life has meaning. Find joy in that you are fearfully and wonderfully made. You are the Lord's handiwork and do not forget it.

Ask Yourself

1. Have I been feeling as though I do not matter?
2. What is my purpose?
3. How can I help pursue purpose and find meaning in life?

Affirmation

I matter to God. I matter to those who love me. I am fearfully and wonderfully made. I am on God's mind. I am important and the mere fact I was created is a reminder that God loves me. I matter.