



Forgiveness

And be kind and compassionate to one another, forgiving one another, just as God also forgave you[n] in Christ. Ephesians 4:32

This might be a hard pill to swallow, but you must forgive. Forgiveness it is not an elective at Faith University, it's a class you take and continue to take. It is necessary for your journey. Being in a state of unforgiveness stifles your progress. Your next level is on the other side of forgiveness. Forgiveness is a prerequisite for freedom. It frees you from the weight of other people's humanity. So, learn to forgive and forgive quickly.

Ask Yourself :

Who am I struggling to forgive? What areas of my life are affected by unforgiveness? What is stopping me from forgiving others and even myself?

Affirmation:

God requires forgiveness. I am quick to forgive. I am not weighed down by offense. I choose forgiveness first.