

DAY 18: FAITH

- **Action Step:** Reflect on a time your faith helped you and write it down as a reminder.
- **Scripture:** Hebrews 11:1 (KJV)-- "Now faith is the substance of things hoped for, the evidence of things not seen."
- **Affirmation:** "My faith is the foundation of my life, guiding me to new possibilities."



BETTER
LIFE