

Lean on, trust in, and be confident in the Lord with all your heart and mind and do not rely on your own insight or understanding. Proverbs 3:5

Trust Issues! Everyone has experienced them and most often it is because we have been let down and are fearful that it will happen again. But God has not given us a spirit of fear and we do not have to protect ourselves from Him. The great thing about God is that He will never let us down or fail us. He is faithful to come through for us. His reputation is good, so trust Him, lean on Him and know that He has your best interest at heart.

Ask Yourself:

In what areas have you not been trusting God? How are you developing trust in God?

Affirmation:

I trust God's plan for my life. I trust that He has my best interest at heart.