

Devote yourselves to prayer; stay alert in it with thanksgiving. Colossians 4:2

Prayer is our lifeline. Prayer is talking to God. Prayer can be simple and should be. Start with thanking God, talk to God about how you feel, make your requests based on His Word, then thank Him again knowing that He will take care of you. Leave room for God to speak to you. He desires to not just hear from you but to talk to you too. Make prayer a daily practice and watch your life change.

Ask Yourself:

Am I prioritizing prayer? What are the hinderances to my prayer life? How can I incorporate prayer into my daily routine?

Affirmation:

God wants to talk to me. I am excited to pray knowing that God desires to talk to me and hear from me. God answers my prayers. My prayers are powerful.