

Experience God in Your Pain

I consider that our present sufferings are not worth comparing with the glory that will be revealed in us.

Romans 8:18

God has capacity for your pain. The fullness of our hope comes from knowing that Jesus died for every situation that would bring pain in our lives. You may feel pain but the Holy Spirit is able to comfort us. God has empowered us to overcome regardless of the situation and circumstance. We do not grieve as those who have no hope. we do not allow our hearts to be troubled but, we stand firm knowing that in trouble, God is present.

A s k Y o u r s e l f

1. What pain have I not given to God?
2. What pain have I been rehearsing?
3. What scriptures are a comfort to me in my pain full situation?

A f f i r m a t i o n

God has capacity for my pain. God gives me hope that the pain I feel now is not worth comparing to the glory that will come. There will be glory after this. My crying days have an end and joy is my portion. For every grief there is new strength. God is with me and God is for me.