

DAY 19: HOPE

- **Action Step:** Visualize a hopeful future and write down a few steps to work towards it.
- **Scripture:** Romans 15:13 (AMP)-- "May the God of hope fill you with all joy and peace in believing [through the experience of your faith] that by the power of the Holy Spirit you will abound in hope and overflow with confidence in His promises."
- **Affirmation:** "I am filled with hope, knowing that the future holds great things for me."

