



Be Unbothered

For the Lord God will help me; therefore shall I not be confounded: therefore have I set my face like a flint, and I know that I shall not be ashamed.

Isaiah 50:7

Meditation: The most unbothered people are those that trust that all things are working for their good. Anxiety often comes as a result of not trusting that the future will be well, but God will never put us to shame. Don't worry, don't fret...be unbothered!

Reflection: Where have I allowed anxiety to come in and unsteady my posture? What have I not given over to God as it pertains to my purpose?

Prayer: Lord, thank you that you are not just with me, but you are for me. You desire good to happen in my life so I trust you to cover my past, comfort my present, and care for my future. You are always good and always God.