

EPC DISCIPLESHIP "HABITS OF GRACE"

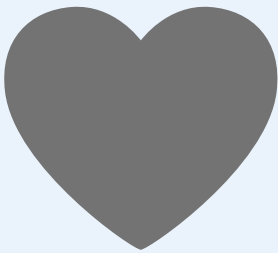
Reflection Questions - Session 16

Take some time to pray and reflect over these questions as we move to deepen and grow in walking after Christ.



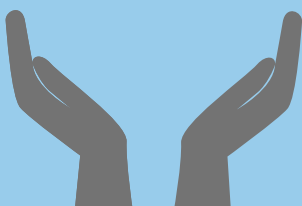
HEAD - WHAT CHANGES IN OUR THOUGHTS?

How did you used to see the Lord's Supper (or Communion) in the past and what larger insight or understanding did you learn today?



HEART - WHAT CHANGES IN OUR HEARTS?

What is the most powerful image or thought that moves or convicts you as a reminder of Christ on the cross and what His grace means for you?



HANDS - WHAT CHANGES IN OUR LIVES?

As we are reminded of God's grace when we can receive the Lord's Supper, how can these insights lead us to practically and specifically live out the Gospel for one another faithfully?