

EPC DISCIPLESHIP "HABITS OF GRACE"

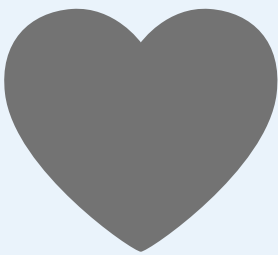
Reflection Questions - Session 10

Take some time to pray and reflect over these questions as we move to deepen and grow in walking after Christ.



HEAD - WHAT CHANGES IN OUR THOUGHTS?

What stops you from committing to keeping a journal of your time in God's Word, prayer and personal life? Are these things legitimate reasons to stop from walking with God in this way?



HEART - WHAT CHANGES IN OUR HEARTS?

Many people are hesitant to journal because they feel that they are not good writers. But the point of journaling is not to write well, but to keep a record of God's faithfulness. How can we trust that God desires and accepts us as who we are now, even in the form of keeping a journal?



HANDS - WHAT CHANGES IN OUR LIVES?

What will our commitment be? Once a week? Every other day? Every day? Let's make a commitment to journal in walking with God in honest vulnerability to preach the Gospel to ourselves.