

EXPLORE



APPLICATION VERSE:
Hebrews 12:2

EXPLORE WITH YOUR FAMILY:

Items Needed:

Vinegar
Baking soda
Empty plastic water bottle
Balloon

Fill the plastic bottle with vinegar. Add a few teaspoons of baking soda into the balloon. Stretch the balloon's neck with your fingers or use a funnel to get the baking soda in the balloon. Place the opening of the balloon over the top of the water bottle filled with

vinegar. (Don't pour the baking soda in yet.) Once the balloon is securely attached, pick the balloon up and dump in the baking soda, making sure all of it falls into the bottle. Watch what happens to the balloon. Explain that a chemical reaction released carbon dioxide to cause the balloon to change and explode. Discuss how having the Holy Spirit changes us too.

TODAY I LEARNED . . .

The Holy Spirit comforts, corrects, guides, teaches, and empowers us.

NEXT STEP

Trust and follow the Holy Spirit's leading in my life.

I spent time alone with God:

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SCRIPTURE!
John 14:15-27;
15:26-27

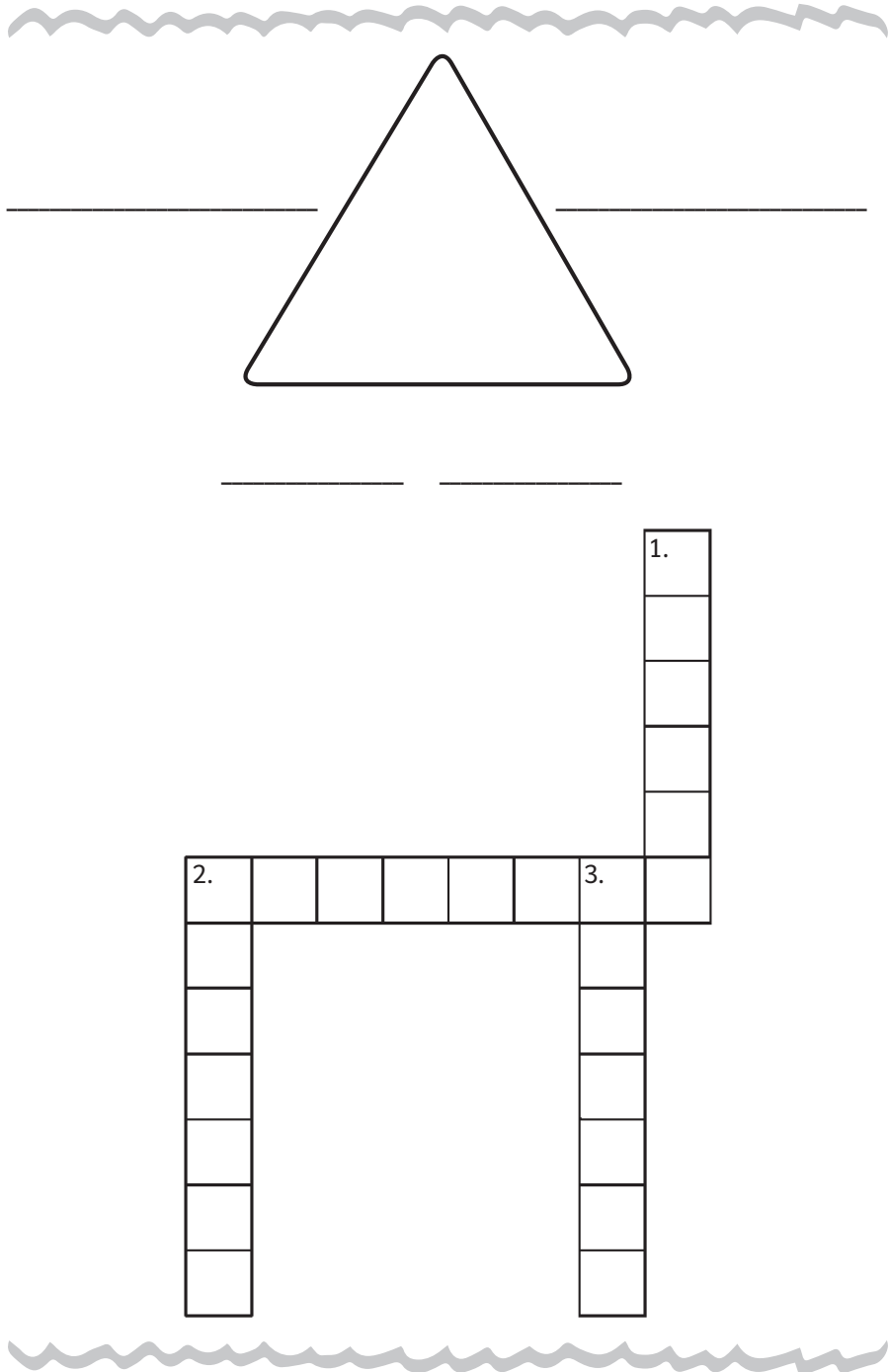
FAMILY THEME:
The Holy Spirit
Is Our Helper

BIBLE BASICS:

What is the role of the Holy Spirit? The Holy Spirit convicts people of sin and convinces them of the truth of Jesus (John 16:8). The Holy Spirit regenerates those who trust Christ (John 3:5-6). When a person becomes a Christian, the Holy Spirit begins to live in him and help him become holy (Romans 8:9). He intercedes for us (Romans 8:26).

FIELD NOTES

Property of



He is there to us (2 down).

He us (2 across).

He _____ us to make choices
that honor (1 down).

He us (3 down).

**THE HOLY SPIRIT WORKS IN US
TO HELP US HAVE QUALITIES
THAT ARE MORE LIKE JESUS.**

SOMETHING TO THINK ABOUT

How have I felt the Holy Spirit help, comfort, correct, guide, or teach me lately?