

**Men's Retreat Session Two**  
**"After the Fall"**  
**(Restoring Relationships Damaged by Sin)**

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I. Adulterous behavior is a BETRAYAL of COVENANT

A. Marriage is meant to create a place of SAFETY.

B. Betrayal of safety VIOLATES emotional STABILITY.

II. RESTITUTION involves restoring what was TAKEN or what was caused to be LOST.

III. The violated spouse experiences severe loss of CONFIDENCE and COMFORT.

A. Loss of confidence in SELF is experienced.

B. Loss of confidence in PARTNER is experienced.

C. Loss of confidence in GOD is experienced.

IV. Restitution can be made through ACKNOWLEDGEMENT, EXPRESSION, and EXPLANATION.

A. Acknowledge NATURE of betrayal.

B. Acknowledge CONSEQUENCE of decisions.

C. Acknowledge LIMITED ABILITY to understand pain.

D. Express REMORSE

E. Explain INTENTIONS.

V. Trust is rebuilt through a combination of TIME and CONSISTENCY.

A repentant man will:

Take immediate action to distance himself from sin

Take immediate action to see to needs of his wife - Make full confession

Acknowledge wrong - Express remorse and explain plan

Sow in HUMILITY and CONSISTENCY