

JOSEPH

WHAT TO DO WHEN LIFE GOES WRONG

Joseph: What to do when life goes wrong.

Week Two - "Refuse to be Divided"

Genesis 39

1. What is your go-to comfort food or activity when life gets stressful?
2. What are some appetites you find harder to ignore than others?
3. What is the difference between having an appetite and being ruled by it?
4. Read Genesis 39:1-9. Joseph refused Potiphar's wife for two reasons: gratitude for what he already had, and obedience to God. How does gratitude help us push back against temptation?
5. How can we practice "preemptive gratitude" so we're not caught off guard by unknown circumstances?
6. Read Genesis 39:10-12. When things went wrong for Joseph, he maintained his integrity. He refused to be divided in his loyalties and torn apart by human appetites. What are some of the things that threaten to divide your loyalty or tear you apart?
7. How does following Jesus give us a way to stay whole and undivided? In other words, how can Jesus be the structural integrity for your life?
8. Paul prayed this prayer over the people in Thessalonica: "May God himself, the God who makes everything holy and whole, make you holy and whole, put you together—spirit, soul, and body—and keep you fit for the coming of our Master, Jesus Christ. The One who called you is completely dependable. If he said it, he'll do it!" (1 Thessalonians 5:23-24, The Message). Take some time to pray this prayer for the people in your group.