



## **Paper Walls: Moving Beyond the Excuses that Hold You Back**

### **Week two - "Retire the Cape"**

**Genesis 3:1-6 and Luke 10:25-37**

**Bottom line: Inadequacy is an excuse for inactivity.**

1. Have there been times when your inability to solve things has kept you from doing anything?
2. Are there situations you avoid because you don't believe you have anything to offer?
3. When you're dealing with a problem, what's the difference between people who simply want to fix your problem, and people who are willing to share your problem?
4. What expectations do other people have of you that make you feel overwhelmed or incapacitated, or simply undone? How do you handle those expectations?
5. What expectations do you have for yourself that make you feel overwhelmed, or incapacitated, or simply undone? How do you handle those expectations?
6. Read Matthew 9:13 and Micah 6:8. What does God require of you?
7. How can you show mercy to someone this week?