



Chasing Carrots

Week Two - Approval

John 12:42-43 and Micah 6:8

Bottom line: We can try to please people or we can try to please God, but only one is possible, and it turns out to be the same one worthy of the effort.

1. When you were young, whose approval meant the most to you? Why?
2. People-pleasers battle three problems: obsessing over what others think, feeling overly sensitive to criticism, and having a hard time saying “no.” Which problem most describes you? Why do you think you have a hard time with that particular problem?
3. Read Galatians 1:10. If we were to prioritize Christ’s approval over the approval of others, how might that change our lives and our relationships?
4. What are some ways you can stop seeking approval from others?
5. What are some ways you can embrace who God says you are and seek His pleasure?