



The Response of a Lifetime

Week one - “Response-Ability”

Genesis 37-45

Bottom line: Our response-ability is our hidden superpower when deployed responsibly.

1. Do you tend to be an over-reactor or an under-reactor?
2. Describe a time when your reaction to someone or something made something worse.
3. Describe a time when your reaction to someone or something made something better.
What was it about your response that made the difference?
4. How would you describe the difference between a reaction and a measured response?
5. When you hear the story of Joseph’s life, what strikes you about his actions, and especially his responses in different circumstances? (If you have time as a group, go back and read Genesis 37-45) How might you have responded differently to Joseph in any one of the situations he ended up in?
6. Read Colossians 4:2-6
 - a. How is Paul teaching us to prepare to respond well to people and circumstances in our lives?
 - b. What ought to be different about our responses as followers of Jesus?
7. Is there a situation you’re facing currently that you are struggling with in terms of how you could or should respond? How can this group help you discern what a measured, Godly response might look like?