



## **Like This**

**Week three - "I'm the Problem, It's Me"**

**Matthew 6:12 and Psalm 51**

**Bottom line: Confession is an invitation to not hide, and instead move closer to God.**

1. How do you see our world and our culture rebelling against the idea that anyone could possibly be wrong or need help? How do *you* push back on the idea of anyone, or yourself, being wrong or needing help?
2. What's the difference between being a sinner and being a "mistaker"? Why do we readily admit mistakes but bristle at the idea of being called a sinner?
3. What thoughts or experiences come to mind when you hear the word "confession"?
4. Jesus included confession in his tutorial with the disciples on prayer (Matthew 6:12). Why do you think confession is an important part of prayer?
5. Read David's famous prayer of confession in Psalm 51.
  - a. What stands out to you?
  - b. Why does David say he has sinned against God alone when clearly he has sinned against others as well?
  - c. How have you found it to be true that sin never impacts *just us*?
  - d. How does David's confession lead to healing and a renewed relationship with God?
6. Jenn listed three big reasons we often avoid confession: stubbornness, shame, and pride. Which one stands out most to you, and why?

***If you're group is reading Tyler Staton's "Praying Like Monks, Living Like Fools," please take some time and talk about any additional takeaways from chapter four on "Searching and Naming."***