

Like This

Week seven - "No Words Necessary" Romans 8:22-27 and Matthew 6:10

Bottom line: Prayer is a defiant act of trusting the relationship even when we can't understand the circumstances.

- 1. Share a time you really felt like you needed to pray or wanted to pray, but couldn't pray because you were either too upset or you just didn't know what to pray for.
- 2. Have you ever felt like God was being silent at a time when you really needed God to not be silent?
- 3. Have you ever wrestled with the idea that God is either not powerful enough or not good enough? In other words, how have you wrestled with the existence of suffering and the existence of a loving God?
- 4. Read Romans 8:22-27
 - a. How does it help us to know we're not alone when we're suffering/groaning?
 - b. Practically speaking, what do you think it looks like for the Spirit to pray on our behalf?
 - c. How patient are you when it comes to waiting for the answers, or the justice, you want to see?
- 5. Are your prayers more focused on talking to God and looking for answers from God, or spending time with God? How could your prayers be both?
- 6. How is praying an active choice to trust God, especially in the really difficult times?