



**Sing, part 5: Dirge in the Dumps**  
***Lamentations 3:16-33***

1. What are some of your go-to songs when something bad happens? Do you go the solemn route or the angsty anger route?
2. When bad things happen, what are some of the questions you find yourself asking? What questions do you hear from people around you?
3. How likely are you to share with other people when something bad happens in your life? If you share, is it with a couple of trusted friends? Social posts? A professional counselor who doesn't have an emotional attachment?
4. Read Lamentations 3:16-20. Have you ever talked to/about God like that? Have you ever felt like this writer feels? Were you able to put it into words?
5. Read Lamentations 3:21-33. Make a list of the things the writer remembers in the midst of anguish. What would you add to his list of things to remember?
6. What is the difference between having confidence in God's mercy and expecting or demanding God's mercy?
7. How can this group pray for you this week?