



In the Meantime, week three: The Worst-Kept Secret

Philippians 4:10-13

1. What are some of the things you can't do?
2. What are some things you can't do well, but you try to do anyway?
3. How difficult is it for you to admit "you can't"?
4. Where would you put yourself on a general scale of contentment to discontentment?
How do you handle your discontentment?
5. Have you ever let discontentment lead you to do something you regret?
6. Read Philippians 4:10-13. What does Paul say is the relationship between circumstances and contentment?
7. What are some of the areas you've discovered "you can't," but "God can."?
8. What are some ways you can remind yourself (or others in this group) this week that Christ is in you, and you have everything you need?