

## UnCommon Posture *Ruth*

- 1. Have you ever experienced an argument or a situation where someone shifted their posture dramatically and everything changed? What happened?
- 2. Can you think of a time when you were surprised by a position or posture someone took? How did it impact your reaction?
- 3. What do you find surprising, or what stands out to you, in the story of Ruth?
- 4. Read John 13:3-5. The job of washing feet was typically done by a servant. Why do you think Jesus did it? Read verses 6-9. Do you think you would have let Jesus wash your feet like most of the disciples, or would you have protested like Peter? Why?
- 5. What are some ways you have given up your comfort for someone else? What are ways you can do it going forward?
- 6. When are some of the moments in your life you have gotten on your knees? How did it feel? How do you think you would feel right now to get on your knees to pray? If you would hesitate, do you know why?
- 7. What are some ways God might be asking you to go to the back of the line?