



## **Faith Full**

### **Week one - "It Takes Practice"**

**James 1:22-27**

**Bottom line: Being faith full requires practice.**

1. In your life right now, which one are you?
  - a. Keeping the faith
  - b. O Ye of little faith
  - c. What faith?
2. When you think of building muscle memory, what skills come to mind?
3. What skill set or area of your life have you put the most practice into?
4. Read James 1:22-27
  - a. Why does faith require both listening *and* doing?
  - b. What is the difference between trying to earn salvation and practicing faith?
  - c. How are we being polluted, or formed, by the world every day?
5. What life practices did Jesus demonstrate?
6. How will you practice your faith this week?