



Better, week two: Drink This Water

John 4:1-15

1. What kind of water do you drink?
2. Why is water such a big deal?
3. What is something in your history you feel like you keep going back to and can't let go of? Why do you think it's so hard to let go? How is this part of your history influencing your life today?
4. Read John 4:1-15. Now read verses 16-18. What cycle was the woman repeating? Why do you think she kept going back to the same well, literally and figuratively?
5. Jesus offers a way to break the cycle. What is he offering?
6. If Jesus is offering better water, why doesn't everyone drink it instead? Why is shame such a powerful force?
7. How does the idea of grace replace shame?
8. How can the group pray for you this week?