

Friendology

Week two - "Be That Friend"

1 John 4:10-12, Proverbs 16:28, 17:17, 18:1, and 27:9

Bottom line: Be the friend you need.

- 1. How is it possible for people to be more connected and less connected at the same time? Why do you think loneliness is on the rise in general, and especially among younger generations?
- 2. Andy Stanley says to "be the person you're looking for is looking for." Why is it difficult to be the one who goes first in a relationship? What are some of the things that can keep us from going first?
- 3. Read John 4:7-12 Why is it such a big deal that God loved us first? How does God's love make it possible for us to love other people?
- 4. Jenn listed four starting points for being the friend you need: Refuse to Gossip, Believe the Best, Be Vulnerable, and Be Honest.
  - a. Which of these do you struggle with the most and why?
  - b. Which of these is easiest for you and why?
  - c. What would you add to the list of ways to be the kind of friend you would want to have?
- 5. What steps can you take toward being the kind of friend you would really like to have for yourself?