



More Than Ever, part 1: Let's Go Fast

Hebrews 12:1-3

1. Who taught you to drive? How did it go?
2. Who are some of the people watching you and cheering you on in your life? How do you live differently when you know you're being watched?
3. Read Hebrews 12:1-3. What are some of the ways we can fix our eyes on Jesus and consider all that He has done?
4. Have you ever fasted? If so, how did you do it and why did you do it?
5. Why do we fast as a Christian discipline?
6. What could it look like for you to slow down and find ways to intentionally break your rhythms and your norms to draw closer to God? How could doing those things help you go faster and run a better race?