



## **A Long Obedience in the Same Direction**

### **Week Three - "The Best Consequences"**

#### ***Psalm 126***

**Bottom line: The consequences of life and obedience are simultaneously joy and pain, rarely one at a time.**

1. What things would you list as good, or positive, consequences?
2. What consequences do you actively try to avoid yourself, and/or help others avoid?
3. What are some of the ways you might actively try to avoid pain, hurt, betrayal, anxiety, etc.?
4. Read Psalm 126
  - a. What connection does the writer make between pain and joy?
  - b. How is our current joy dependent on our past experiences and future perspective?
5. In what ways are you currently experiencing joy? In what ways are you currently experiencing pain? How can this group pray for you?