



ReStart, week two:

Hebrews 10:19-25

1. What helps you gain confidence? What are some of the things that erode your confidence?
2. Read Hebrews 10:19-21. What reasons does the writer of Hebrews give for us to be confident?
3. How are those reasons different from other places we may be tempted to place our confidence?
4. Read Hebrews 10:22-25. Make a list of the things the writer of Hebrews tells us to do. Which of those feels the most difficult to do right now? Which of those feels the most needed right now?
5. What habit(s) do you plan to work on this week? How can this group help you?