



Sing, part 1: Heart Condition

Exodus 14-15

1. Favorite songs of all time - go:
2. Where are some of the places you are most likely to sing? Car? Shower? Kitchen? Office? Church?
3. When do you find yourself singing the most?
4. How healthy is your heart? What are some of the things you do to get/stay healthy?
5. In Exodus 15, we see the first recorded song in scripture and in world history. Read verses 1-22. What were they singing about? (If it helps, go back and read Exodus 14 for more context.)
6. Interestingly, the Israelites seem more amazed by the defeat of the Egyptians than they are by the parting of the sea. The Egyptians had held them in slavery for so long that they believed they were unbeatable; in a sense, they were larger than life. What are some of the things in your life that feel too big to move, or too difficult to conquer?
7. Do you believe God can change your circumstances? How would you respond if He did?
8. The Israelites go from crying in Exodus 14 to dancing with tambourines in Exodus 15. In between, there is a miracle and some singing. How does singing change the condition of our heart?
9. We often talk about praying over things in our life. What is something in your life that needs sung over?
10. What's one song you would recommend everyone in your group add to their playlist this week? Have fun with your suggestions - we all need to sing more!