



Faith Full

Week eight - "Simplicity"

Matthew 11:28-30 and 1 John 2:15-17

Bottom line: We need to take off the frenzied life we've taken on if we want to put on the easy and light yoke of Christ.

1. How would you describe the pace of your life currently? How much margin do you have?
2. What appeals to you about the idea of minimalism? What doesn't appeal to you?
3. Read Matthew 11:28-30. How is the work and lifestyle Jesus is offering us different from what we are currently doing?
4. Why is knowing what we're not going to do just as important as deciding what we will do?
5. What are some things you and your family could potentially not do this Christmas?