



Dear Galatians

Week five - "Fruit is Better than Stew"

Galatians 5:1, 13-26 and Genesis 25:29-34

Bottom line: We cultivate good fruit and live in the freedom Jesus gives us one Spirit-led choice at a time.

1. Don't think too hard: What is your favorite fruit?
2. Read Genesis 25:29-34
 - a. What is something you've done to meet an immediate need or desire that you instantly (or quickly) regretted?
 - b. Why do you think Esau despised the birthright specifically?
 - c. What are some of the reasons we're tempted to give up something we really want?
3. In what ways do you find yourself driven by what Paul calls "desires of the flesh"? In other words, why are our immediate needs and desires so difficult to ignore sometimes?
4. Read Galatians 5:13-26
 - a. What does Paul list as acts of the flesh?
 - b. What does Paul list as fruit of the Spirit?
 - c. What are some ways we can cultivate good fruit in our lives? (Don't miss Paul's overriding suggestion in verse 13 as *part* of your answer)
 - d. What does it mean to "serve one another humbly in love"? How have you done that or experienced that recently?
5. What are some of the difficult choices you are making now to work toward what you want most?