



Find Your People

Week four - “The Power of Admiration”

1 Samuel 18-20 and 2 Samuel 1:23-26

Bottom line: Jealousy keeps us away from people and breeds cynicism and distrust. Admiration makes space for friendship and mutual growth.

1. Think of the last time you were truly impressed by someone. What was it that impressed you?
2. Are there specific environments that make you more or less suspicious of the people you meet? What is it that makes the difference in those places and spaces?
3. In his book, “How to Know a Person,” David Brooks talks about learning to be an “illuminator,” meaning we work on seeing people generously. What would it look like for you to become more of an illuminator? What might keep you from seeing people generously?
4. Talk about the friendship between David and Jonathan. If it helps, read 1 Samuel 18-20 together.
 - a. What strikes you as interesting about their friendship?
 - b. What reasons did Jonathan have to be suspicious of David?
 - c. How did Jonathan’s consistent ability to see the good in David change the trajectory of their relationship?
5. How has jealousy (envy of what others have and/or fear of losing what you have) impacted your relationships?
6. What ways can you see or imagine how the power of admiration might change some of your relationships?
7. How do you believe God sees you? Be as specific as you can.