



### **Week 2: No Room for Resentment**

1. Can you think of a time when you got in an argument only to realize you thought something happened that actually didn't? Or you thought someone said or thought something they didn't?
2. What are some ways your mind plays tricks on you?
3. What area(s) of your life do you feel resentment? Are you more likely to let things go or do you hold onto things that upset you?
4. Read 2 Corinthians 10:3-6. How does the world "wage war"? What does it mean for us to fight differently?
5. Can you name some of the strongholds in your life; areas where you may be stuck or places where you have built up walls?
6. What does it look like to renew your mind everyday? What do you think it means to "take captive every thought and make it obedient to Christ" (verse 5)?
7. Read Philippians 4:8 - Jenn talked about "changing the script" of our internal dialogues. What are some of the "whatever's" you need to flip in your life right now?