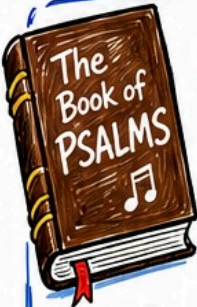


SUMMER IN THE PSALMS

WEEK 1: HAPPY

One Hope CHURCH
Davenport, FL
Pastor David Scruggs
6/7/26



WORSHIP BOOK!

- 150 Hebrew songs, poems & prayers by at least 7 writers
- Biggest book in the Bible
- Most quoted OT book in the NT
- PSALM 117 = middle
- PSALM 119 = longest chapter
- Runs the gamut of human emotion! ❤️

PSALM 1:1-6 (NIV)

"Blessed is the one... (HAPPY!)"

NOT a fleeting feeling... but a **DEEP SENSE OF WELL BEING!** ❤️



HAPPY

Pharrell Williams

- #1 song in 20 countries!
- Invites us to be **HAPPY** no matter what! 😊

Happiness is never found by direct pursuit; it is a by-product of another pursuit. When you pursue God and His Holiness... **HAPPINESS TAGS ALONG!** ❤️

Matthew 6:33 (NIV)
"But seek first his kingdom and his righteousness, and all these things will be given to you as well."

➔ **PSALM 1 = GOD'S BLUEPRINT TO BEING HAPPY!**



1 declines (SAY NO TO...)

① Say **NO** to **BAD ADVICE**
He "does not walk in step with the wicked..."

② Say **NO** to **BAD ASSOCIATIONS**
...or stand in the way that sinners take..."

1 Corinthians 15:33 (NIV)
"... Bad company corrupts good character."

③ Say **NO** to **BAD ACTIONS**
...or sit in the company of mockers.

WALKING → STANDING → SITTING
WE'RE LOSING PROGRESS!

How many people are dry inside... surrounded by His people, His truth, His Word? 🙏

2 delights (IN THE WORD!)



"... whose **delight** is in the law of the Lord..."

The **LAW** leads to an encounter with the living God!

"... and who **meditates** on his law day and night."

☀️ DAY ☾ NIGHT

Psalm 19:10 (NIV)
"They are more precious than gold; sweeter than honey!"



3 depicts (A FRUITFUL LIFE!)



- ✓ Planted by streams of water (abide in Me)
- ✓ Yields its fruit in season (activity & refreshment)
- ✓ Leaf does not wither (perseverance)
- ✓ Whatever they do prospers (prosperity)

BALANCED life!
ALIGNED with God!



4 differs (TWO LIVES, TWO RESULTS)

Psalm 1:4-6

The **WICKED** like **CHAFF**



The **RIGHTEOUS** like a **TREE**



- No stand in judgment
- No place with the righteous
- Way leads to destruction

The Lord watches over the way of the righteous!



FIRST word: **BLESSED (HAPPY)**  VS. LAST word: **DESTRUCTION (PERISH)** 

Does our life resemble a **TREE** or **THE CHAFF**?