

# Hebrews 12:12-17

Hebrews 12:12

Therefore lift your drooping hands and strengthen your weak knees,

## Hebrews 12:13

and make straight paths for your feet, so that what is lame may not be put out of joint but rather be healed.

## Hebrews 12:1-2

Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us, <sup>2</sup>looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God.

Hebrews 12:14a

Strive for peace with everyone

Hebrews 12:14b

and for the holiness without which no one will see the Lord.

## Hebrews 12:15-17

See to it that no one fails to obtain the grace of God; that no “root of bitterness” springs up and causes trouble, and by it many become defiled; <sup>16</sup>that no one is sexually immoral or unholy like Esau, who sold his birthright for a single meal. <sup>17</sup>For you know that afterward, when he desired to inherit the blessing, he was rejected, for he found no chance to repent, though he sought it with tears.